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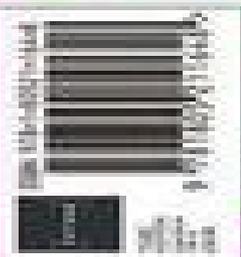
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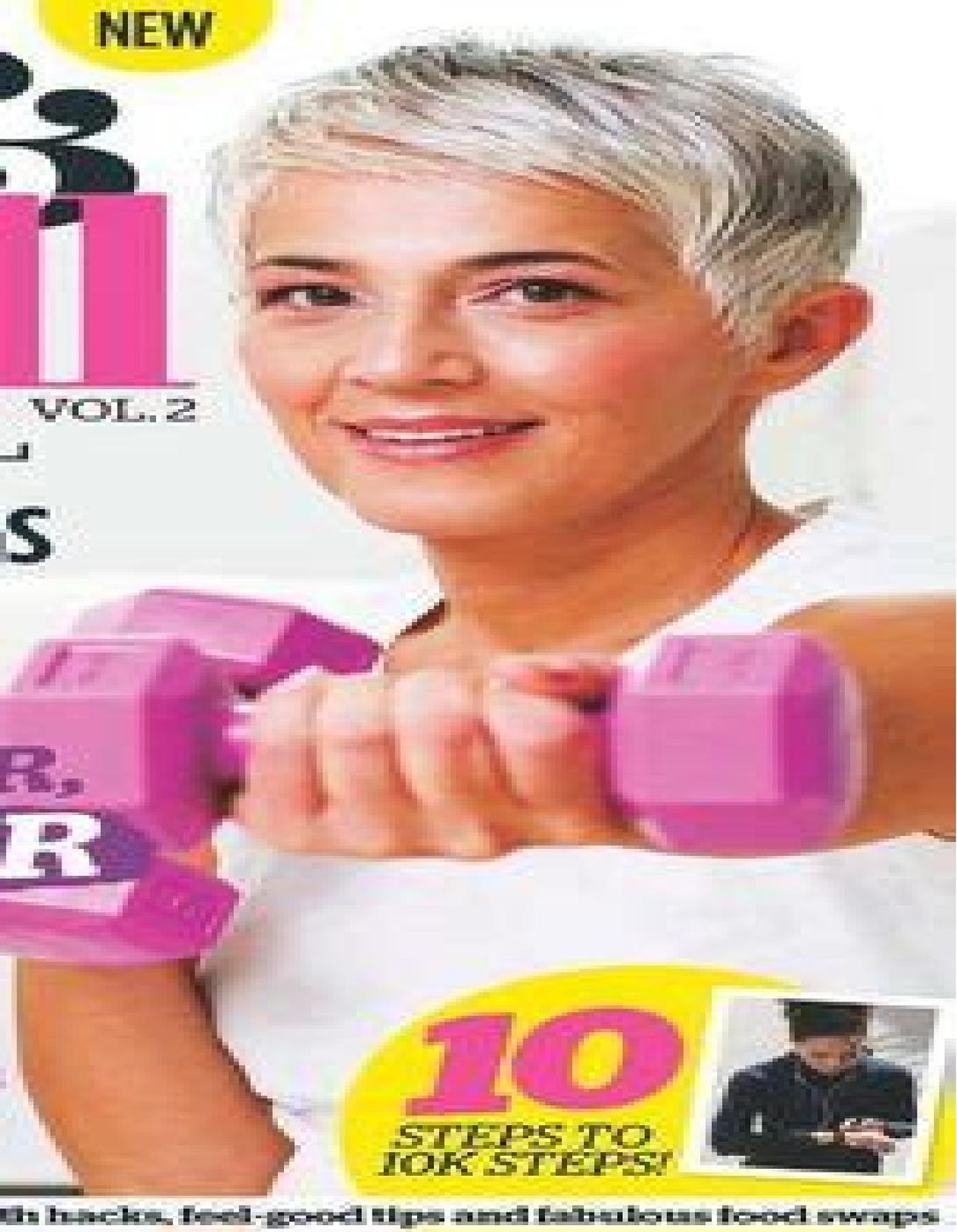


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# Fit And Well 3rd Canadian Edition

**John C. Griffin**



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