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*Yoga... The Art of Living* Renée Taylor, 1969

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**The American Yoga Association Beginner's Manual** Alice Christensen, 1987 This excellent guidebook boasts a clear safe and thorough introduction to yoga from the organization that sets the standard for yoga instruction in this country 323 photographs *pt. 1. General principles and tables* Lewis Dominic Swamikannu Pillai, 1922

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