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A close-up photograph of a person's hands. The right hand is positioned above the left hand, which is held open palm up. The right hand is holding a small, round, light-colored pill between the thumb and index finger, as if about to drop it into the left hand. The background is a blurred indoor setting, possibly a kitchen or bathroom, with a white sink and a wooden cabinet visible.

**WARUM SOLLTEST DU  
BODYFOKUS CLEAN BODY  
RESTART VERTRAUEN?**

# Bodyfokus

**David J. WEINER**



**Bodyfokus:**

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