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Menu Nutrition

Breakfast

Biscuit



290 Calories
16g Fat
32g Carbs
5g Protein

Biscuit With Bacon



355 Calories
22g Fat
32g Carbs
8g Protein

Biscuit With Sausage



520 Calories
38g Fat
32g Carbs
16g Protein

Egg & Cheese Biscuit



425 Calories
26g Fat
32g Carbs
14g Protein

Biscuits & Gravy



470 Calories
29g Fat
46g Carbs
7g Protein

Egg Sandwich



310 Calories
12g Fat
34g Carbs
15g Protein

Biscuit Sandwich with Bacon



500 Calories
32g Fat
32g Carbs
18g Protein

Biscuit Sandwich with Sausage



665 Calories
48g Fat
32g Carbs
25g Protein

Honey Butter Chicken Biscuit



560 Calories
35g Fat
50g Carbs
13g Protein

Taquito With Cheese & Potato



450 Calories
25g Fat
38g Carbs
17g Protein

Taquito With Cheese & Bacon



405 Calories
22g Fat
28g Carbs
20g Protein

Taquito With Cheese & Sausage



440 Calories
26g Fat
28g Carbs
19g Protein

Pancakes



630 Calories
17g Fat
108g Carbs
9g Protein

Breakfast Bowl with Bacon



775 Calories
50g Fat
53g Carbs
27g Protein

Breakfast Bowl with Sausage



940 Calories
66g Fat
53g Carbs
34g Protein

Breakfast on a Bun (Sausage)



525 Calories
32g Fat
34g Carbs
26g Protein

Breakfast Burger



670 Calories
38g Fat
51g Carbs
28g Protein

Hash Brown Sticks



190 Calories
11g Fat
21g Carbs
2g Protein

Protein Breakfast Prices

William Shurtleff; Akiko Aoyagi



Protein Breakfast Prices:

Pamphlets United States. President's Homes Commission,1908 **Reports of the President's Homes Commission**
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