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sensor on supported models getting the notifications you want handling text and voice communications using Apple's core apps and monitoring your heart rate hearing and monthly cycle to improve your overall health A final chapter discusses taking care of your Apple Watch including recharging restarting resetting and restoring Among the many topics covered in the book are Apple Watch Fundamentals Picking out and setting up your own Apple Watch covers models up through Series 11 and Apple Watch Ultra 3 How to adapt to the numerous changes in watchOS 26 Making watch face complications work for you Using Control Center and the greatly improved Smart Stack Using Siri on your watch for a wide variety of tasks Adding apps to the watch via your iPhone or the watch's built in App Store Resetting a messed up Apple Watch and force quitting an app Health Fitness and Safety Features Tracking your exercise and analyzing your training load Doing workouts with Apple Fitness Pausing your activity rings and setting different goals for each day of the week Using your watch to monitor sleep data including checking for sleep apnea with recent models and check for signs of hypertension Using health related features such as the blood oxygen sensor and medication reminders plus the ECG Cycle Tracking and Noise apps Detecting falls and car crashes and automatically calling for help Communication Placing and receiving phone calls on your watch Using the Walkie Talkie feature to chat with other Apple Watch owners Communicating in other languages using the Translate app Sending default and customized text messages tapbacks threaded replies and even money via Messages Seeing email from only certain people Interacting with Other Devices Finding people devices and items Controlling your home with HomeKit compatible devices Understanding how the watch interacts with your iPhone including how to control your watch with your iPhone Triggering your iPhone's camera remotely using the watch Controlling an Apple TV or Music on a Mac with the Remote app Unlocking a Mac and authenticating certain actions with your watch Getting Stuff Done Getting navigation directions and using the Compass app Adding calendar events and reminders Loading your watch with photos and using them to create new watch faces Paying at contactless terminals using Apple Pay Putting tickets on your watch

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building guide designed specifically for older adults who want to enjoy their Apple Watch without confusion or frustration This book takes you by the hand and walks you through every essential feature of the Apple Watch Series 10 using easy step by step lessons clear visuals and practical explanations written in plain everyday language No tech jargon No assumptions Just straightforward guidance that makes learning comfortable and enjoyable Whether you re brand new to smartwatches or upgrading from an older model this guide helps you Set up your Apple Watch Series 10 quickly and correctly Understand buttons gestures and screen navigation with ease Use health and safety features like heart monitoring fall detection and emergency SOS Track steps workouts sleep and daily activity confidently Make and receive calls messages and notifications effortlessly Customize watch faces apps and settings to suit your lifestyle Save battery life and keep your device running smoothly Troubleshoot common issues without stress Special attention is given to accessibility features larger text options and smart tips that make the Apple Watch especially useful for seniors who value health independence and staying connected with loved ones With its calm pacing clear instructions and senior focused approach this guide turns the Apple Watch Series 10 into a helpful companion not a complicated gadget If you re looking for a patient easy to follow manual that truly understands seniors this is the guide you ve been waiting for

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dissects Wallet pulling its virtual pieces apart so you can use more of its surprisingly rich set of offerings and avoid bumping against what it doesn't do particularly when there's no error or feedback about why it's not working. While the iPhone's Wallet app bulges the most with features and options, Glenn thoroughly covers the Wallet app on the Apple Watch. He also explains where the Wallet Apple Pay settings on an iPad and Mac fit in since you can use and manage Apple Pay and autofillable cards on those two operating systems as well. The book covers these topics: Understand how Apple organizes wallet on an iPhone and Apple Watch; Configure the many Wallet options scattered around the app and Settings; Work with payment cards exploring the details available when a card is added; Get to know AutoFill cards and how they differ from Apple Pay payment cards; Learn about how Apple Pay protects card security and the many ways you can use it; Dig into the unique characteristics of Apple Card, Apple Cash, and Apple Savings; Export statement data from Apple Card, Apple Cash, and Apple Savings to import into financial management apps; Explore the nuances of how features and limitations vary for using Apple Pay on an iPhone, iPad, Mac, and Apple Watch; Manage and use passes that give you access to an event such as a concert or movie; Board a plane, train, or other scheduled transit with a digital pass; Set a payment card for express transit entry for systems that support Apple Pay and even use it when your phone is on reserve power; Install transit network cards; Understand where the Wallet Apple Pay settings on iPad and Mac fit in with the iPhone and Apple Watch Wallet app; Get the advantages of store and other loyalty and reward cards without carrying a zillion pieces of plastic; Create a digital ID from a U.S. driver's license in some states or a limited digital version of your U.S. passport for TSA entry; Track Apple Pay orders gleaned from your various Apple devices; Discover where Apple stores preauthorized payments made with Apple Pay and how to manage them.

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