



# Pilates At Home Best

**Hussin A.Rothana**



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volumes formed a part of the commercial correspondence of four generations of a Newport mercantile house The earlier letters were of the Redwood family The house of Ayrault of Newport entered about the middle of the eighteenth century as also that of Lopez To the second half of the century the firms of Lopez and Champlin contribute the larger part Prefatory note v 1

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