

# NURSING I UNIT 1-lecture notes

## Introduction:

### COURSE CONTENT:

#### UNIT (1): CONCEPT AND TERMS IN MEDICAL SURGICAL

Nursing Concepts in Medical/Surgical Nursing/Rehabilitation/Holistic care.

- Primary Nursing
- Team Nursing
- Health – Illness Adaptation, homeostasis, and stress
- Behavior in illness
- Stress/process of rehabilitation (role of the family, community, and government)

### DEFINITION OF TERMS

#### (I) Nursing:

Nursing encompasses autonomous and collaborative care of individuals of all ages, families, groups, and communities, sick or well and in all settings.

Nursing includes the promotion of health, prevention of illness, and the care of ill, disabled and dying people. Advocacy, promotion of a safe environment, research, participation in shaping health policy and in patient and health systems management, and education are also key nursing roles. (ICN, 2002)

#### (II) Nurse

is a person who has completed a program of basic, generalized nursing education and is authorized by the appropriate regulatory authority to practice nursing in his/her country.

Basic nursing education is a formally recognized programme of study providing a broad and sound foundation in the behavioral, life, and nursing sciences for the general practice of nursing, for a leadership role, and for post-basic education for specialty or advanced nursing practice.

#### Functions of a nurse:

- (1) To engage in the general scope of nursing practice, including the promotion of health, prevention of illness, and care of physically ill, mentally ill, and disabled people of all ages and in all health care and other community settings.
- (2) To carry out health care teaching.
- (3) To participate fully as a member of the health care team.

# Medical Surgical Nursing Lecture Notes

**Hussin A.Rothana**



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