

second edition

Handbook of
**EMOTION
REGULATION**

edited by **James J. Gross**



Handbook Of Emotion Regulation Second Edition

Marie Vandekerckhove



Handbook Of Emotion Regulation Second Edition:

Handbook of Emotion Regulation James J. Gross,2013-12-17 This book has been replaced by Handbook of Emotion Regulation Third Edition ISBN 978 1 4625 4941 2

Handbook of Emotion Regulation, Second Edition James J. Gross,2015-02-19 Subject Areas Keywords clinical cognition cognitive developmental disorders dysregulation emotion regulation emotional emotions neurobiology neuroscience personality psychology psychopathology research self regulation social Description Reviewing the state of the science in a dynamic thriving field this influential handbook integrates knowledge from multiple psychological subdisciplines Foremost experts address the neurobiological and cognitive bases of emotion regulation and examine how individuals develop and use regulatory strategies across the lifespan The social context of emotion regulation is explored as are personality processes and individual differences Critical implications are discussed for psychopathology psychosocial interventions and health Including helpful cross referencing among chapters the volume describes cutting edge methods and identifies promising directions for future investigation

Handbook of Self-Regulation, Second Edition Kathleen D. Vohs,Roy F. Baumeister,2011-03-29 This authoritative handbook comprehensively examines the conscious and nonconscious processes by which people regulate their thoughts emotions attention behavior and impulses Individual differences in self regulatory capacities are explored as are developmental pathways The volume reviews how self regulation shapes and is shaped by social relationships Failures of self regulation are also addressed in chapters on addictions overeating compulsive spending and attention deficit hyperactivity disorder Wherever possible contributors identify implications of the research for helping people enhance their self regulatory capacities and pursue desired goals

Handbook of Emotion Regulation James J. Gross,2009 *Handbook of Emotion Regulation* James J. Gross (Ph. D.),2007 This authoritative volume provides a comprehensive road map of the important and rapidly growing field of emotion regulation Each of the 30 chapters in this handbook reviews the current state of knowledge on the topic at hand describes salient research methods and identifies promising directions for future investigation The contributors who are the foremost experts in the field address vital questions about the neurobiological and cognitive bases of emotion regulation how we develop and use regulatory strategies across the lifespan individual differences in emotion regulation tendencies social psychological approaches and implications for psychopathology clinical interventions and health

Handbook of Attachment, Second Edition Jude Cassidy,Phillip R. Shaver,2008-08-20 This comprehensive work is more than just the standard reference on attachment theory and research it has helped to define and shape this rapidly growing field Inside jacket

Handbook of Self-Regulation Kathleen D. Vohs,Roy F. Baumeister,2016-06-01 From leading authorities this significantly revised and expanded handbook is a highly regarded reference in a rapidly growing field It thoroughly examines the conscious and unconscious processes by which people manage their behavior and emotions control impulses and strive toward desired goals Chapters explore such vital issues as why certain individuals have better self

control than others how self regulation shapes and is shaped by social relationships underlying brain mechanisms and developmental pathways and which interventions can improve people s self control The volume also addresses self regulatory failures and their consequences with chapters on attention deficit hyperactivity disorder criminality addictions and money management challenges As a special bonus purchasers of the third edition can download a supplemental e book featuring two notable highly cited chapters from the second edition New to This Edition Incorporates current topic areas theories and empirical findings Updated throughout with 21 new chapters and numerous new authors Cutting edge topics implicit self regulation processes the role of physical needs and processes such as the importance of sleep the benefits of dampening positivity the frequency and consequences of emotional control in the workplace and self regulation training Expanded coverage of motivational factors romantic relationships and lapses of self control Supplemental e book featuring selected chapters from the prior edition

EPZ Secondary Teacher's Handbook 2nd Edition Lyn Overall, Margaret Sangster, 2007-11-10

Choice, 2009

A Longitudinal Examination of Emotion Regulation Across Early Development Carolyn Joy Dayton, 2009

Developing Person Through Childhood and Adolescence Kathleen Stassen Berger, 2015-04-15 Exceptional in its currency global in its cultural reach Kathleen Berger s portrait of the scientific investigation of childhood and adolescent development helps bring an evolving field into the evolving classroom Guided by Berger s clear inviting authorial voice and page after page of fascinating examples from cultures around the world students see how classic and current research and the lives of real people shape the field s core theories and concepts In addition to Kathleen Berger s exhaustive updating of the research this edition is notable for its thorough integration of assessment throughout learning objectives assessments after each section expanded end of chapter quizzes all aligned with national standards

Emotion Regulation in Couples and Families Douglas K. Snyder, Jeffrey A. Simpson, Jan N. Hughes, 2006 This is an edited book that addresses critical theoretical and methodological issues in the rapidly advancing field of emotion regulation It presents empirical findings linking emotion regulation to individual and relationship functioning across the life span while providing implications for clinical intervention public policy and future research Contributors who are nationally and internationally recognized for their expertise in social developmental and clinical disciplines offer diverse perspectives on the role of emotion regulation processes in dysfunction and health In addition to advancing the latest empirical developments this volume will also be a prime resource for graduate students and practitioners working with children couples and families for whom emotion regulation difficulties are targets of clinical intervention

Regulating Emotions Marie Vandekerckhove, 2008-03-03 Regulating Emotions Culture Social Necessity and Biological Inheritance brings together distinguished scholars from disciplines as diverse as psychology sociology anthropology neuroscience and psychotherapy to examine the science of regulating emotions Contains 13 original articles written in an accessible style Examines how social and cultural aspects of emotion regulation interact with regulatory processes on the biological and psychological level

Highlights the role of social and cultural requirements in the adaptive regulation of emotion Will stimulate further theorizing and research across many disciplines and will be essential reading for students researchers and scholars in the field

California Infant/toddler Learning & Development Foundations ,2009 **Infant/toddler Caregiving** John Ronald Lally,2011 *Annual Review of Gerontology and Geriatrics, Volume 17, 1997* K. Warner Schaie, PhD,1997-11-10 In this timely volume prestigious contributors incorporate new knowledge from general psychology into a more comprehensive and accessible view of emotion in adult development and aging The first chapter sets the stage by providing an overview of emotion across the entire life span Subsequent chapters examine and consider thought provoking themes including how feelings are used in interpersonal communication across the years of adulthood the linkage between stressful life events and the occurrence of disease and the changes in emotional intensity and emotional understanding as we age This volume is essential for general psychologists gerontologists researchers and geriatric practitioners desiring to better their understanding of their older patients and clients For Further Information Please Click Here *International Encyclopedia of the Social & Behavioral Sciences* Neil J. Smelser,Paul B. Baltes,2001 The largest work ever published in the social and behavioural sciences It contains 4000 signed articles 15 million words of text 90 000 bibliographic references and 150 biographical entries **Development of Children** Cynthia Lightfoot,2012-05-04 **Merrill-Palmer Quarterly** ,2008

Rett Disorder and the Developing Brain Alison Kerr,Ingegerd Witt Engerström,2001 Rett disorder first described by Andreas Rett in 1966 is a condition which involves the functions on which intelligence and expression depend It is probably the most common genetic disorder encountered in profoundly intellectually disabled females Its many manifestations include epilepsy scoliosis nutritional difficulties and disorders of mood and movement This book provides an up to date account of current research into the disorder at a time when the causative mutations have just been discovered on the MeCP2 gene The first section of the book presents the clinical signs and the latest research into the genetic neuro anatomical and neuro chemical aspects of Rett disorder The second section moves on to deal with the neuro physiological research concentrating on the autonomic system which is deeply implicated in the disease mechanisms The final section of the book examines the behavioural and psychological features of Rett disorder and discusses issues relating to communication The chapters are written by a distinguished international team of experts all currently active in research The contributions bring our understanding of the Rett disorder right up to date as the study of the condition moves from an era of description into a time when there are real possibilities for beneficial interventions

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