

**IMPORTANT NOTICE**

**BREAST MILK IS THE BEST FOOD FOR INFANTS TILL AGE OF 2 YEARS, IT BOOSTS THE IMMUNE SYSTEM AND PROTECTS FROM DIARRHOEA AND OTHER INFANTILE PROBLEMS.**

Good maternal nutrition is essential to prepare and maintain breast-feeding. If you can't or don't want to breast-feed, an infant milk formula can be recommended by a health professional. Appropriate preparation of any infant formula may lead to health hazards.

**USAGE INDICATION**

**Novolac IT1** is an iron fortified infant milk formula suitable for feeding infants from birth to 6 months when breast-feeding is not applied. It is iron fortified, has a low sodium content and an adapted protein ratio.

For infants over 6 months, and in agreement with your health professional, weaning food shall be gradually introduced in addition to a follow-on formula.

Source of proteins in **Novolac IT1**: Cow's Milk. **Novolac IT1** is gluten free.

Following the approval of your physician, we recommend the introduction of **Novolac IT1** progressively as follows:

- 1st day: one every second baby's feeding bottle.
  - Starting the second day: all baby's feeding bottles.
- In case of protein allergies, prematurity, low-birth weight or in case of immune-compromised infants, please seek for qualified health professional help for an appropriate advice.

**WARNING**

Ask your health care professional before using an infant formula. Babies who use feeding bottles may refuse breast feeding on a later stage. Feeding in the bottle for long time may cause baby bottle teeth decay problems.

**AVERAGE FEEDING SCHEDULE**

Age (months)	0 to 1	1 to 2	2 to 3	3 to 4	4 to 5	5 to 6
Weight (kg)	4	5	6	6.5	7	7.5
Feedings per day	8 to 7	5	5	5	4	3
Measure per feeding	3-4	4	4-5	5	5-7	6-7
Boiled water (ml)	80-120	120	120-160	160	160-210	160-210

1 measure (4.5g) for each 30 ml of water. The number of feedings and the quantity given for each feeding should be adapted to the child's response according to your physician's advice.

**SAFETY INSTRUCTIONS**

- Do not use after expiration date indicated under the lid (EXP).
- After opening, use within 3 weeks.
- Do not add sugar.
- Do not keep left overs in the bottle. Throw away the remaining infant formula quantities. Do not prepare the bottle in advance but always just before the feeding.
- Close the lid after each use with the plastic lid.
- Store in a dry and cool place, away from light and contamination.

**ملاحظة هامة**

طبيب الام هو الغذاء الافضل للاطفال حتى سن السنتين. يحسن التغذية ويحمي من الاسهال والاسهال والحمى ومشاكل اخرى.

والغذاء الجيد الام المناسبة لتلبية المتطلبات والاطباء عليه. لا تأكلين من الترضيع عندما يمكن التوجه الى الرقيات الخاصة بالرضع. وفقا للتوصيات الطبيه. ان التحضير المناسب من لبن الثدي الخاصة بالرضع قد يتسبب في مشاكل على الحماض والحمى عند.

**اذا لم تستخدمي**

نولاك IT1 الى 6 اشهر. يجب عدم استخدامه بعد الشهر الرابع من الولادة. ويجب استخدامه عندما لا يكون حليب الام متاحا. فهو غني بالحديد والحديد المنخفض. على الرغم من ان النسبة من البروتين.

من سن ستة اشهر. يجب استخدامه مع طبيبك. ينبغي التوجه الى طبيب الاطفال عند الحاجة. في الايام الخمسة الاولى من حياة الطفل من سن ستة اشهر الى سنة.

مصدر البروتين في نولاك IT1 هو لبن البقر.

نولاك IT1 هو خالي من الغلوتين.

بعد استشارة الطبيب، نوصي بإدخال نولاك IT1 الى الترويض على النحو التالي:

- اليوم الاول: واحدة لترضيع على اثنين.
  - ايام التالية: كل الترويضات.
- في حال الحساسية من البروتينات، الولادة المبكرة، الوزن المنخفض عند الولادة أو عند الترويض في وقت مبكر، نوصي بالرجوع الى الطبيب.

قبل استخدام نولاك IT1، يجب استشارة الطبيب. اذا استخدمت كمية الترويض قد يرفض حليب الثدي في وقت لاحق. الرضاعة في الزجاجة لفترة طويلة قد يؤدي الى تسوس الاسنان.

**جدول التغذية المتوسط**

العمر (شهر)	0 إلى 1	1 إلى 2	2 إلى 3	3 إلى 4	4 إلى 5	5 إلى 6
وزن (كجم)	4	5	6	6.5	7	7.5
عدد الوجبات اليومية	8 إلى 7	5	5	5	4	3
كمية الوجبة اليومية	3-4	4	4-5	5	5-7	6-7
مياه المغلي (مل)	80-120	120	120-160	160	160-210	160-210

1 مقياس (4.5g) لكل 30 مل من الماء. عدد الوجبات والكمية المعطاة لكل وجبة يجب ان يتكيف مع استجابة الطفل وفقا لارشاد الطبيب.

**اذا لم تستخدمي**

- لا تستخدم بعد التاريخ المحدد على الغطاء (EXP).
- بعد الفتح، استخدم خلال 3 اشهر.
- لا تضيف السكر.
- لا تخزن ما تبقى في الزجاجة. القها بعيدا عن الكميات المتبقية.
- لا تهيئ الوجبة مسبقا بل اهيئها قبل الوجبة.

اغلق الغطاء بعد كل استخدام. اغسله جيدا بالماء المغلي. اتركه في مكان جاف وبارد بعيدا عن الضوء والتلوث.

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