



# MY IDEAL

# *morning*

@myjourney.app

## ROUTINE



### 1. WAKE UP

6.20am



### 2. JOURNAL

6.25am

500ML



### 3. HYDRATE

6.40am



### 4. EXERCISE

7.00am



### 5. HOT BATH

7.15am



### 6. DRESS

7.25am



### 7. HAIR + MAKE UP

7.45am



### 8. BREAKFAST

8.00am



### 9. START YOUR DAY

8.15am

# Morning Routine Tips Tutorial

**Minjie Lin**



## **Morning Routine Tips Tutorial:**

## Unveiling the Magic of Words: A Review of "**Morning Routine Tips Tutorial**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Morning Routine Tips Tutorial**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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