

🎀 ✨ THAT girl routine ✨ 🎀

Morning

- 6.15 - wake up, drink a glass of water 🥛
- 6.17 - check socials 📱
- 6.25 - make bed 🛏️
- 6.27 - briefly clean room 🧹
- 6.30 - wash face 🚿
- 6.33 - stretches/ exercise 🧘
- 6.38 - shower 🚿
- 6.43 - get changed 👗
- 6.48 - read 📖
- 7.00 - breakfast 🍳
- 7.10 - morning skincare 🧴
- 7.20 - makeup and hair 🎀
- 7.30 - prepare food 🍳
- 7.40 - pack backpack 🎒
- 7.45 - leave for school 🚶

After school

- 3.30 - come home and unpack bag 🎒
- 3.35 - homework/study 📖
- 4.15 - workout/ exercise 🏋️
- 4.20 - change into comfy clothes 👚
- 4.30 - have a snack (HEALTHY) 🥑
- 4.40 - check socials/ screen time 📱
- 5.00 - netflix & chill 📺
- 6.45 - dinner 🍲

Evening

- 7.25 - remove makeup 🧼
- 7.30 - shower/ bath 🚿
- 7.40 - nighttime skincare 🧴
- 7.50 - change into pjs 🎀
- 7.55 - journal 📖
- 8.15 - free time ∞
- 9.30 - wash face 🚿
- 9.32 - glass of water 🥛
- 9.35 - bedtime, get ur rest girlie 🛏️

Morning Routine Latest Store Hours

Karin Nielsen-Saines



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