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Goodreads Choice Protein Breakfast 2025

Louise Kang



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My Friends Fredrik Backman, 2025-06-19 The beautiful new novel that will make you laugh and cry from the global bestselling author of *Anxious People* and *A Man Called Ove* A stunning sweeping extraordinary story of connection love and the unbreakable bonds that guide and shape us Full of humour and heart *My Friends* is simply wonderful Chris Whitaker AN INSTANT SUNDAY TIMES AND NEW YORK TIMES BESTSELLER WINNER OF GOODREADS CHOICE AWARD FOR BEST FICTION 2025 SHORTLISTED FOR AMAZON S BEST FICTION BOOK OF 2025 AN AUDIBLE BEST LISTEN OF 2025 A BARNES AND NOBLE NATIONAL BOOK CLUB PICK You have to take life for granted the artist thinks the whole thing sunrises and slow Sunday mornings and water balloons and another person s breath against your neck That s the only courageous thing a person can do In the corner of a world famous painting three tiny figures sit on the end of a pier a secret hidden in plain sight Twenty five years ago a group of teenagers found solace in each other during one unforgettable summer Their friendship inspired a transcendent work of art a painting that now mysteriously belongs to eighteen year old aspiring artist Louisa Driven to learn the story behind its creation Louisa embarks on a journey to the seaside town where it all began But as she gets closer to the painting s birthplace Louisa learns that happy endings do not always take the form we expect Fredrik Backman returns with an unforgettably funny deeply moving tale of four teenagers whose friendship creates a bond so powerful that it changes a complete stranger s life years later Readers can t get enough of *My Friends* five star reviews It was perfect I have no other words to describe this masterpiece Like what the hell was I doing all these years I haven t read a friendship story this genuine heartfelt clumsy straightforward smart sentimental shocking and emotionally resonant in a very long time Is it too early in the year to pick my favourite read of 2025 I think not as this will be hard to beat Backman remains my absolute favorite Absolutely brilliant and beautiful I loved loved loved this book **100 High Protein Breakfasts** Louise Kang, 2017

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