



Unbreak My Heart

A MEMOIR

TONI
BRAXTON

Unbreak My Heart A Memoir

Rhonda McKnight



Unbreak My Heart A Memoir:

Unbreak My Heart Toni Braxton, 2014-05-20 The bestselling solo R B artist finally opens up about her rocky past and her path to redemption While Toni Braxton may appear to be living a charmed life hers is in fact a tumultuous story a tale of personal triumph after a public unraveling In her heartfelt memoir the six time Grammy Award winning singer and star of WE tv s hit reality series Braxton Family Values is unapologetically honest in revealing the intimate details of her journey Toni and the entire Braxton clan have become America s favorite musical family but what fans may not know is the intense guilt Toni once felt when she accepted a recording deal that excluded her sisters That decision would haunt Toni for years to come tainting the enormous fame she experienced as a popular female vocalist at the top of the charts Despite her early accomplishments Toni s world crumbled when she was forced to file for bankruptcy twice and was left all alone to pick up the pieces Always the consummate professional Toni rebuilt her life but then found herself in the midst of more heartache The mother of an autistic child Toni had long feared that her son s condition might be karmic retribution for some of the life choices that left her filled with remorse Later when heart ailments began plaguing her at the age of forty one and she was diagnosed with lupus Toni knew she had to move beyond the self recrimination and take charge of her own healing physically and spiritually **Unbreak My Heart** is more than the story of Toni s difficult past and glittering success it is a story of hope of healing and ultimately of redemption

Unbreak My Heart Ella Adkins Price, 2011-12-31 **Unbreak My Heart** is the story of how at the tender age of 15 my life was changed forever by the loss of my first love and dear friend I didn t know then the impact his death would have on my life **Unbreak My Heart** chronicles the day to day struggles that I endured at the beginning of the journey of grief and tells of the years of anguish and pain that I suffered I open up and tell my deepest and darkest secrets of just how profound my grief had taken control of my life and how I gained the strength after 32 years to finally let go

Destructive Desires Robert J. Patterson, 2019-04-05 Despite rhythm and blues culture s undeniable role in molding reflecting and reshaping black cultural production consciousness and politics it has yet to receive the serious scholarly examination it deserves *Destructive Desires* corrects this omission by analyzing how post Civil Rights era rhythm and blues culture articulates competing and conflicting political social familial and economic desires within and for African American communities As an important form of black cultural production rhythm and blues music helps us to understand black political and cultural desires and longings in light of neo liberalism s increased codification in America s racial politics and policies since the 1970s Robert J Patterson provides a thorough analysis of four artists Kenneth Babyface Edmonds Adina Howard Whitney Houston and Toni Braxton to examine black cultural longings by demonstrating how our reading of specific moments in their lives careers and performances serve as metacommentaries for broader issues in black culture and politics

TV in the USA Vincent LoBrutto, 2018-01-04 This three volume set is a valuable resource for researching the history of American television An encyclopedic range of information documents how television forever changed the face of media and

continues to be a powerful influence on society What are the reasons behind enduring popularity of television genres such as police crime dramas soap operas sitcoms and reality TV What impact has television had on the culture and morality of American life Does television largely emulate and reflect real life and society or vice versa How does television s influence differ from that of other media such as newspapers and magazines radio movies and the Internet These are just a few of the questions explored in the three volume encyclopedia TV in the USA A History of Icons Idols and Ideas This expansive set covers television from 1950 to the present day addressing shows of all genres well known programs and short lived series alike broadcast on the traditional and cable networks All three volumes lead off with a keynote essay regarding the technical and historical features of the decade s covered Each entry on a specific show investigates the narrative themes and history of the program provides comprehensive information about when the show started and ended and why and identifies the star players directors producers and other key members of the crew of each television production The set also features essays that explore how a particular program or type of show has influenced or reflected American society and it includes numerous sidebars packed with interesting data related information and additional insights into the subject matter

Unbreak My Heart Toni Braxton,2012-08-15

Beyond the Yellow Tape: Life & Death on the Streets of Dc Curtis E Mozie,2012-01-19 Curtis Mozie known on the streets as C Webb is without a doubt a leader in Washington DC He spends every waking moment trying to prevent gangs and gun violence on the streets of DC With the creation of Tale of the Tape Foundation Curtis produces films that document the lives and death of 65 of his friends murdered by gun violence He has been a catalyst for positive change for over twenty years earning the trust of both police officers and gang members having been a police officer himself its incredible that gangs have allowed him to intimately explore their violent and brutal world His video camera captures their day to day lives playing basketball and also their candidness in interviews at his apartment which is known as the Safe House a place where at risk youth come to be mentored on life skills and to have someone hear their problems and concerns When one of them gets killed or injured in gang violence Curtis is there to mourn the lost with family members He then creates a montage of their lives and deaths in a video tribute lessons learned Curtis without a doubt is a unique individual a community hero for DC Mothers and Fathers Hes appeared on numerous news media outlets across the world His message is an unflinching dedication and commitment to making the streets of DC safer for everyone He now works at the Kennedy Recreation Center for the Department of Parks Recreation working with youth and serving the community

People Yearbook 1998 Time-Life Books,Time-Life Books Editors,People Magazine,1999-06 The world in 1997 was too full of flowers Bouquets in sad profusion filled parks and doorsteps and sidewalks in tribute to the senselessly slain and fallen Princess Diana JonBenet Ramsey Gianni Versace and Ennis Cosby But hope bloomed afresh as well On the ice in the pint size person of 14 year old figure skater Tara Lipinski and seven times in a delivery room in Iowa Hats off to the real McCaugheys

Blue Daughter of the Red Sea Meti Birabiro,2004-06-24 Born into a life of constant financial physical

and moral threat Meti Birabiro takes refuge in literature and the fantastic Blue Daughter of the Red Sea is Birabiro's poetic account of the harsh reality of her young life spread across three continents Her voice is a fresh mélange of child and adult perspectives at once brutally honest and wise beyond her years Through her journey from Ethiopia to Italy and finally to the United States we encounter Birabiro's relatives friends and enemies relationships so intense that these people become her vampires devils angels and saints These characterizations always lead her back to the truth helping her to decipher what is fair and good to understand what she must cherish and what she must rage against **Vanity Fair**, 2016 **The Nation**, 1997-07 *Forthcoming Books* Rose Arny, 2001 *Unbreak My Heart* Dar Tomlinson, 2008-08-01 A woman of mixed Anglo and Samoan heritage faces insurmountable problems after she falls in love with a Navajo architect who has sworn never to cross racial lines Original [Unbreak my heart](#) Amanda, 1999 *Unbreak My Heart* Khalilah Smith, 2025-07-20 *Unbreak My Heart* is a raw and honest guide to healing after heartbreak The book offers tools to move forward with grace

Unbreak My Heart Susan Zeppieri, 2021-08-03 Book Description Where does heartbreak come from Is it something that we evolved with Do we really need it in the first place In *My Unbreak My Heart* a guide for those who have experienced or are currently experiencing heartbreak you will embark on a journey that will take you through the possible origins of heartbreak and how it has become a mainstay within your culture Moreover *My Unbreak My Heart* seeks not to try to rationalize heartbreak but to look deeper behind the curtain of childhood trauma emotional baggage and age old patterns that have kept you stuck making the same types of relationship choices Packed with practical exercises *My Unbreak My Heart* also details the science of heartbreak and how scientists are beginning to comprehend the internal workings of the heart brain connection in order to grasp this relationship and its effects on people in everyday life *My Unbreak My Heart* is not a how to guide but a must do guide that sets the scene for taking personal responsibility for your heartbreak and evaluating how you got to where you currently stand and all the choices you made that enabled this Read this book with the intention of developing an inner voice that can direct you towards healthier relationships and experiences with a thorough recognition of your own internal conflicts which when finishing this book will have you wondering why you ever set foot in toxic relationships in the first place **Five Men Who Broke My Heart** Susan Shapiro, 2004-10-01 An entertaining poignant and neurotic memoir describes one woman's life at the edge of turning forty her midlife crisis her obsession with the five men she had lusted after and lost between the ages of thirteen and thirty five and the impact of that obsession on her marriage Reprint 50 000 first printing **Unbreak My Heart 2** Mz Sharde, 2020-04-15 When everything seems like it's beginning to fall into place is when a person should expect the most drama Kareema has rode it out to the end with her man and he has done the same for her Through all the hatred people continue to throw their way they seem to make the struggle look so effortless While it seems everything is going great who knows what's soon to pop off After Kareema's fake mom tried to take her life she is living life full of worry until something or someone pushes her to the point of no return And Shy Reema

is no longer fearful With each situation Reema was urging everybody to realize she is not the one to be played with Old Reema is gone and everyone needs to take heed Infinite has the perfect woman a beautiful baby boy and a baby on the way Still he is constantly on edge with the constant threats lingering in the wind With Rico and Tangie out to wreak havoc on his and Reema's life he has his work cut out for him Family means the most to him so he's willing to risk it all to let the enemy know how hard he's coming Is he strong enough to take on the treachery and threats that he's up against Or will he fall short when it counts the most Jazzel and Jahlil are back and are showing everyone who wanted them separated what real love looks like On the other hand Jahlil's past love has surfaced and she's not happy about the love the two are sharing Jazzel has dealt with this type of thing before but is she mentally strong enough to deal with the same old story again Will Jahlil prove to her that he is true and that misery just loves company Take a ride with these couples as they battle with people of their past and the dangers that they are constantly faced with Be prepared to laugh cry and curse everybody out because this finale will keep you glued to your seat and on the edge

Unbreak My Heart Jennifer Probst, 2023-07-18 PAPERBACK **Unbreak My Heart** Rhonda McKnight, 2014 Cameron Scott's reality T V show career is spiraling into an abyss She's desperate enough to do almost anything to keep a roof over her head and provide the financial support that's needed for her daughter and ailing grandmother When her estranged husband Jacob Gray reenters her life offering a lifeline she realizes she still loves him Cameron has kept a painful secret that continues to be at the root of the unspoken words between them She's a woman of great faith but regaining trust requires telling all and healing old wounds that she believes would destroy any chance for happiness they could have Jacob Gray believed he'd spend the rest of his life loving his wife that is until he discovered she was pregnant and there was no way it could be his child He tried to put Cameron out of his mind and heart but five years have passed and he still loves her Jacob risks everything including his fortune in hopes of getting a second chance at love Though he quickly discovers Cameron's not interested in rekindling what they had years ago Will Jacob convince her to forgive the mistakes in their past and allow each other to heal their broken hearts Back cover

The Autumn Balloon Kenny Porpora, 2014-01-28 Porpora's coming of age memoir is a brilliant debut from a fine writer with an intriguing way of viewing the world four stars out of four USA Today Every autumn Kenny Porpora would watch his heartbroken mother scribble messages on balloons and release them into the sky above Long Island one for each family member they'd lost to addiction As the number of balloons grew his mother fell deeper into alcoholism drinking away her sorrows every night in front of the television where her love of Regis Philbin provided a respite from the sadness around her When their house was foreclosed upon Kenny's mother absconded with him and his beloved dog and fled for the Arizona desert joining her heroin addicted brother on a quixotic search for a better life What followed was an outlaw adolescence spent in constant upheaval surrounded by bizarre characters and drug addicted souls In the wake of unspeakable loss Kenny convinced a college to take a chance on him and turned to the mentors writers and poets he found to rebuild the family he lost and eventually graduated

from the Ivy League with a new life Porpora's memoir is the story of a deeply dysfunctional but loving family and follows his life from the chaos of his youth to his triumphs in the Ivy League At times darkly comic at times elegiac The Autumn Balloon is a beautifully written testament to the irreplaceable bonds of family even under the most trying circumstances and one that marks the debut of an exciting new writer Brave and heartbreakingly beautiful one of the strongest literary debuts I've witnessed in years Andre Dubus III 1 New York Times bestselling author

Adopting the Tune of Term: An Psychological Symphony within **Unbreak My Heart A Memoir**

In some sort of eaten by monitors and the ceaseless chatter of instant connection, the melodic elegance and emotional symphony developed by the written term frequently diminish in to the backdrop, eclipsed by the relentless noise and disruptions that permeate our lives. But, situated within the pages of **Unbreak My Heart A Memoir** a marvelous literary value brimming with fresh thoughts, lies an immersive symphony waiting to be embraced. Crafted by an outstanding musician of language, this charming masterpiece conducts viewers on a mental journey, skillfully unraveling the hidden tunes and profound impact resonating within each cautiously constructed phrase. Within the depths of the poignant evaluation, we can discover the book is key harmonies, analyze their enthralling writing style, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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