



757swim Aquatic Center
5720 Warhill Trail
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American
Red Cross

LIFEGUARD CERTIFICATION CLASS

GET CERTIFIED IN ONE DAY

A hybrid approach with self-paced online learning and one day in-person water assessment. The class includes CPR/First Aid/AED Certifications.

Cost:

Lifeguard Certification Class: \$325

Lifeguard Recertification Class: \$225

Requirements

- Must be 15 years old
- Must be able to swim 300 yards and tread water for 2 minutes
- Completion of online portion before day of water assessment

Dates of swimming test and in-person water assessment (choose 1):

Feb 3/4, March 10/11, May 5/6, June 2/3

Approximately 6 hours

Friday Swimming Tests: 4:30-5:00 pm

Saturday In-Person Assessment: 9:00-3:00 pm

Lifeguard Recertification Classes

April 29

- Lifeguard Certification may not be more than 30 days expired.

We also offer certifications for CPR, First Aid or AED training only.

If interested, please email payments@757swim.com to register for classes.



Lifeguard Recertification Test

M Woodhall



Lifeguard Recertification Test:

Lifeguard Training Activities and Games Susan J. Grosse,2009-07-09 The e book format allows readers to bookmark highlight and take notes throughout the text When purchased through the HK site access to the e book is immediately granted when your order is received

Lifeguarding For Dummies Cary Epstein,Cameron DeGuzman,2023-04-13 Save lives earn money stay in shape and have fun as a lifeguard Lifeguarding For Dummies will give you insight into what it takes to be a lifeguard and how to train and prepare to be a lifesaver Lifeguarding is a fun challenging and rewarding job that gives you the unique ability to provide your community with a safe place to swim It also requires quick decision making and provides you with valuable lifelong skills such as CPR and first aid leadership strong communication and teamwork This book walks you through the process of training preparing for certification and finding a job as a lifeguard Good lifeguards are in high demand right now check out this great job with the help of Dummies Learn about the essential skills that are needed to become a lifeguard Decide whether lifeguarding is the right job for you Understand the basic types of lifeguarding jobs and how to get certified Try fun swimming workouts to get you prepared for lifeguarding tests This fun book is perfect for anyone who wants to explore the possibility of becoming a lifeguard gain some basic knowledge and prep for tests and learn about the lifestyle of the lifeguarding community

American Red Cross Lifeguard Exam Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills

Lifeguards of San Diego County Michael T. Martino,2007 Lifeguards of San Diego County traces the origins of the nine professional lifeguard agencies that serve the public swimming diving and boating along the shorelines of San Diego County Sporadic lifeguard service existed as early as 1906 but on a single day in 1918 thirteen people drowned at Ocean Beach The drownings focused community and government attention on the need for consistent lifeguard services along San Diego County s beaches Today there are more than 600 lifeguards from city and state agencies that serve San Diegans throughout the county Here for the first time the origins experiences and stories of these dedicated and most often heroic people are woven together into one volume

National Pool and Waterpark Lifeguard Training National Safety Council,2000-12 This text presents lifeguarding skills that participants will learn in Ellis Associates National Pool and Waterpark Lifeguard Training Program integrating CPR first aid AED and oxygen administration into one curriculum Step by step instructions and guidelines are given for rescuing drowning

Massachusetts Register ,2017-05-05 **Professional Lifeguard Textbook** American Red Cross,1994-10 **The 150 Great**

Tech Prep Careers ,2009 Profiles 150 careers that do not require a four year college degree and provides job descriptions requirements and information on employers advancement earnings work environment outlook for the field and other related topics Lifeguard Training: Principles and Administration Conference for National Cooperation in Aquatics,1964

Careers in Focus Facts on File,2008 Profiles careers as coaches and fitness professionals such as aerobics instructors college sports coaches dietitians and nutritionists exercise physiologists fitness directors and more **Swimming Pool Management Manual** ,1993 **Directory of Selected National Testing Programs** Educational Testing Service. Test Collection,1987 *New Jersey Outdoors* ,2002 **Specialty Occupational Outlook** Joyce Jakubiak,1996 A guide to trade and technical occupations this text offers information on 150 high interest careers that do not require a bachelor s degree and do not appear in its sister volume Professions **Bowker's Complete Video Directory** ,2000 **Alert** Lifesaving Society,1993 *Parks & Recreation* ,1965 *Sources* ,1991 **ERIC Identifier Authority List** Educational Resources Information Center (U.S.),1981 *Schedule of Classes* University of California, San Diego,1991

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