



NFL Match Progress

All About the NFL

American football is a well known game from the United States. It is one of the country's most popular sports.

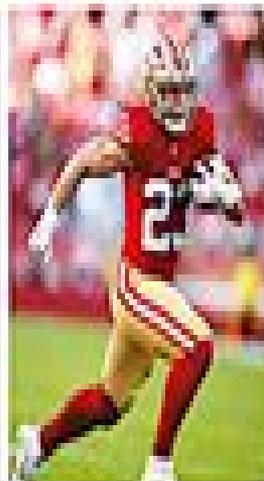
Did You Know...?

American football is also played in many other parts of the world, such as the UK, France, Germany and Brazil.

What Are the Rules?

American football fields are measured in yards. It is a slightly shorter than 100 yards. The aim of the game is to get the highest number of points by moving the ball into the end zone of the other team. This is a marker at both ends of the field where teams score.

There are different ways of scoring points during a game of American football. A team can get the most points with a play called a touchdown. This is when a player carries or catches the ball in the other team's end zone. Another way of scoring is kicking the ball through their goal.



The Players

There are over 200 players on each team and every one has a job position that they take on. Coaches choose the types of players they need at different points in the game.

Did You Know...?

Playing time lasts for 1 hour. However, games last after that much longer because the clock stops between plays.



...teams play in the popular sports and among well known.



...field, it looks like a corner or another to kick through the

...play, game

...that they take on

...ing a 1 day week

...in of the country's football league (NFL), the UK, Germany,



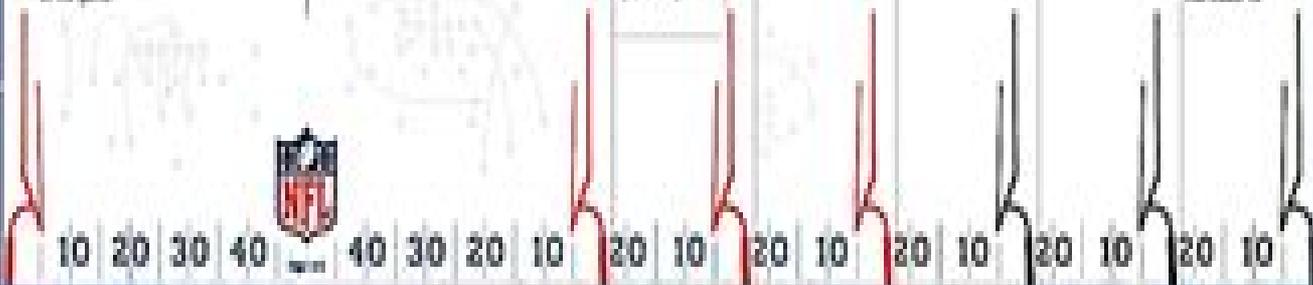
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...points after a successful kick to

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web doch wenn auch die vorbereitung abgeschlossen ist sollte der triathlet immer noch genau auf seine ernährung achten
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