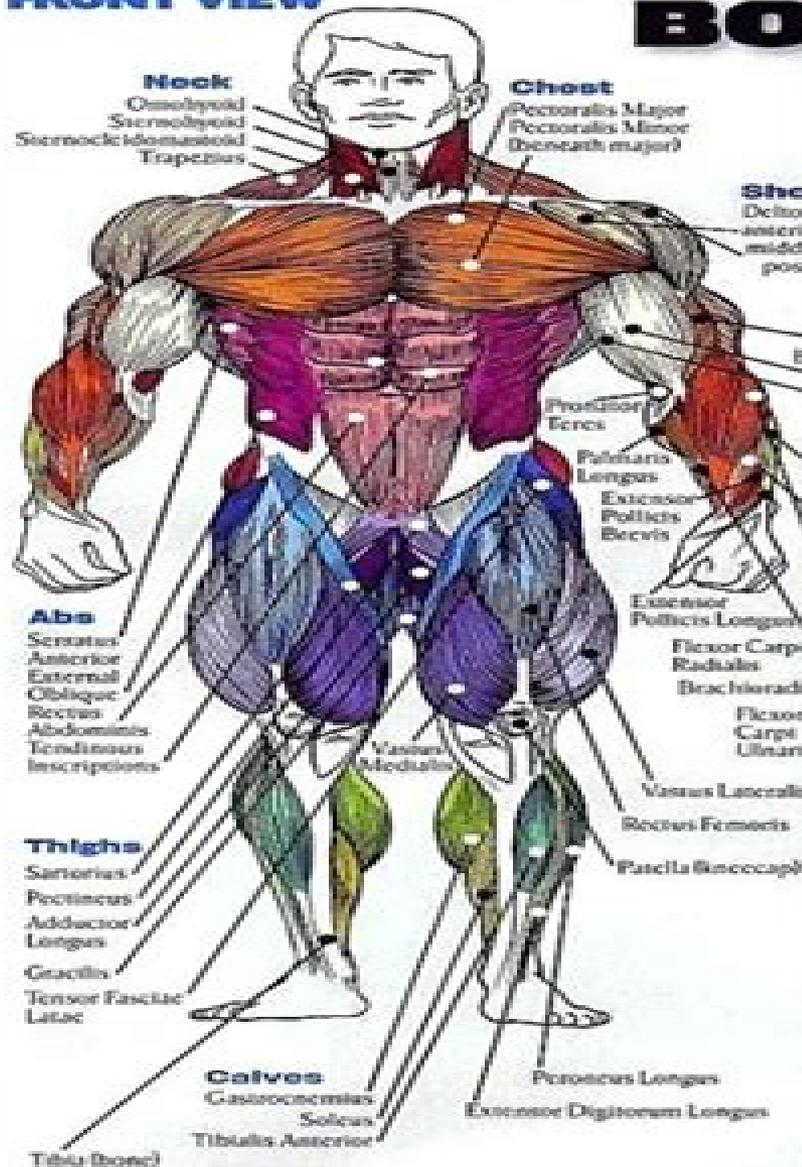


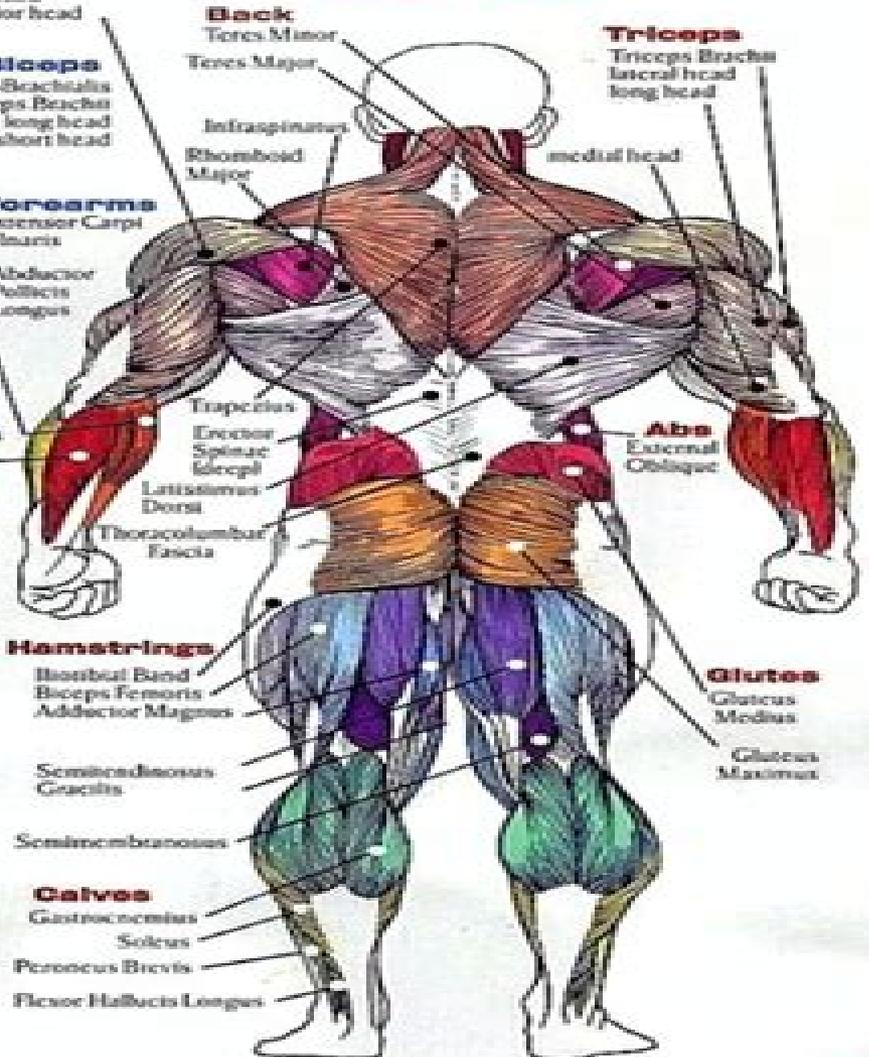
Mens Muscle And Fitness

FRONT VIEW

BODYBUILDER'S ANATOMY CHART



BACK VIEW



NOTE: These illustrations depicting exaggerated musculature are not in the textbook anatomical position. As such, they are incorrect for medical purposes but are useful for a general understanding.

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J Ma



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