



Price List

Single Class & Drop-In Rates

Single Class Drop-In	\$25
First-Time Visitor Class	\$10

Class Packages

5-Class Package	\$110
10-Class Package	\$200
20-Class Package	\$360

Private Sessions

Single Private Session	\$90
5 Private Sessions Package	\$425
10 Private Sessions Package	\$800

Monthly Memberships

Unlimited Monthly Membership	\$150
6-Month Unlimited Membership	\$800
Annual Unlimited Membership	\$1,500

For Bookings

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Yoga For Beginners Price

Daniela Niemeyer



Yoga For Beginners Price:

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Vegetarian Times ,1999-05 To do what no other magazine does Deliver simple delicious food plus expert health and lifestyle information that s exclusively vegetarian but wrapped in a fresh stylish mainstream package that s inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT s goal To embrace both

Yoga Journal ,1997-03 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

New Age Journal ,1996

Yoga Journal ,1999-05 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

Shape ,1995

Shambhala Sun ,2000 The Utne Reader ,2000 **Yoga Journal** ,1997-01 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

A Compendium of the Raja Yoga Philosophy Śaṅkara Ācārya,1888 New Woman ,1998 **A Treatise on the Yoga Philosophy** Nobin Chunder Paul,1888 *Yoga Journal* ,2005-12 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

Natural Health ,1996 Mother Jones ,1997 **McCall's** ,1998-07

Embracing the Melody of Appearance: An Mental Symphony within **Yoga For Beginners Price**

In a world used by displays and the ceaseless chatter of immediate communication, the melodic beauty and psychological symphony produced by the written word usually fade into the back ground, eclipsed by the relentless sound and distractions that permeate our lives. However, situated within the pages of **Yoga For Beginners Price** a marvelous literary value brimming with fresh emotions, lies an immersive symphony waiting to be embraced. Crafted by an outstanding composer of language, this interesting masterpiece conducts readers on a mental trip, skillfully unraveling the concealed melodies and profound affect resonating within each carefully constructed phrase. Within the depths of this emotional assessment, we can investigate the book is main harmonies, analyze their enthralling writing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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