



# NFL Standings

Week 9



## NFC EAST

	Cowboys	7-1-0
	Giants	5-3-0
	Redskins	4-3-1
	Eagles	4-4-0

## AFC EAST

	Patriots	7-1-0
	Dolphins	4-4-0
	Bills	4-4-0
	Jets	3-6-0

## NFC NORTH

	Vikings	5-3-0
	Lions	5-4-0
	Packers	4-4-0
	Bears	2-6-0

## AFC NORTH

	Ravens	4-4-0
	Steelers	4-4-0
	Bengals	3-4-1
	Browns	0-9-0

## NFC SOUTH

	Falcons	6-3-0
	Saints	4-4-0
	Buccaneers	3-5-0
	Panthers	3-5-0

## AFC SOUTH

	Texans	5-3-0
	Colts	4-5-0
	Titans	4-5-0
	Jaguars	2-6-0

## NFC WEST

	Seahawks	4-2-1
	Cardinals	3-4-1
	Rams	3-5-0
	49ers	1-7-0

## AFC WEST

	Raiders	7-2-0
	Chiefs	6-2-0
	Broncos	6-3-0
	Chargers	4-5-0

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**Zhe Xu**



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in dieser phase der schwangerschaft ist yoga wirklich sehr wohltuend denn trotz kleinem bauch ist es noch nicht zu beschwerlich die yogaübungen auszuführen und wenn du einen speziellen yogakurs für schwangere z b yoga köln besuchst hast du auch die gelegenheit kontakte zu anderen schwangeren zu knüpfen und dich mit ihnen auszutauschen

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