



MY IDEAL

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ROUTINE



1. WAKE UP

6.20am



2. JOURNAL

6.25am

500ML



3. HYDRATE

6.40am



4. EXERCISE

7.00am



5. HOT BATH

7.15am



6. DRESS

7.25am



7. HAIR + MAKE UP

7.45am



8. BREAKFAST

8.00am



9. START YOUR DAY

8.15am

Morning Routine Best Returns

JL Elias



Morning Routine Best Returns:

Embracing the Melody of Term: An Emotional Symphony within **Morning Routine Best Returns**

In some sort of used by displays and the ceaseless chatter of instantaneous connection, the melodic splendor and psychological symphony created by the written word often fade in to the backdrop, eclipsed by the persistent noise and distractions that permeate our lives. However, situated within the pages of **Morning Routine Best Returns** a charming fictional value overflowing with organic feelings, lies an immersive symphony waiting to be embraced. Crafted by an elegant musician of language, this charming masterpiece conducts viewers on a psychological trip, well unraveling the hidden tunes and profound impact resonating within each carefully crafted phrase. Within the depths with this touching assessment, we can explore the book is key harmonies, analyze their enthralling publishing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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