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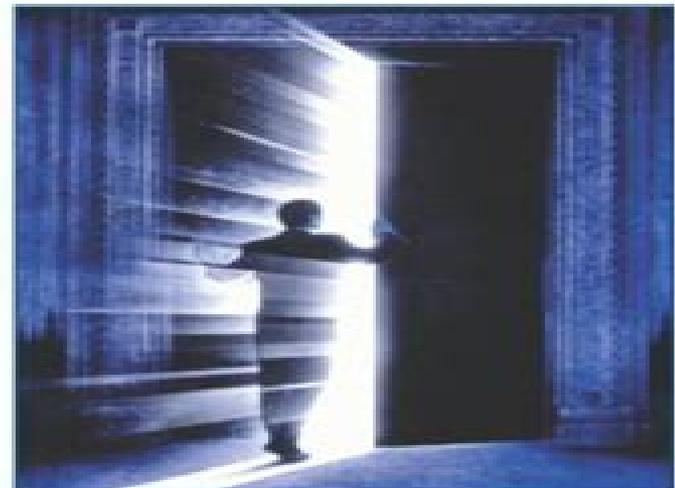
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—Bob Olson, editor, OfSpirit.com

Communicating with Spirits

- ◆ **Meditative methods** to help you tap into your innate medium abilities
- ◆ **Guidance and assistance** from family and friends who have crossed to the other side
- ◆ **Comfort and healing** through spirit contact and messages

**Rita S. Berkowitz and
Deborah S. Romaine**



Complete Idiot Guide To Communicating With Spirits

**Deborah S. Romaine, Romaine &
Dewitt, Dawn E. DeWitt**



Complete Idiot Guide To Communicating With Spirits:

The Complete Idiot's Guide to Communicating with Spirits Rita S. Berkowitz, Deborah S. Romaine, 2002-08-01 You're no idiot of course. You know life is a journey and that physical birth and death are its points of transition. Many people across cultures and faiths believe the spirit lives on and have experienced contact with the spirits of loved ones who have passed to the higher side. This contact is joyous, comforting, and healing, but you wonder if it's really real and whether you can share in it too. Don't give up the spirit. *The Complete Idiot's Guide to Communicating with Spirits* will show you exactly how to uncover your own mediumistic capabilities and connect with those no longer on the earth plane. In this *Complete Idiot's Guide* you get tips on how to connect with your personal divine energy through prayer, meditation, and dreams. Information on the birth of the human soul as perceived through theological, metaphysical, and spiritual viewpoints. Exercises to help you develop your mediumistic abilities. Tangible evidence of the continuity of life as presented through the experiences and spirit drawings of medium Rita S. Berkowitz. *The Complete Idiot's Guide to Communicating with Spirits* Deb Baker, Rita Berkowitz, 2002-09-01 You're no idiot of course. You know life is a journey and that physical birth and death are its points of transition. Many people across cultures and faiths believe the spirit lives on and have experienced contact with the spirits of loved ones who have passed to the higher side. This contact is joyous, comforting, and healing, but you wonder if it's really real and whether you can share in it too. Don't give up the spirit. *The Complete Idiot's Guide to Communicating With Spirits* will show you exactly how to uncover your own mediumistic capabilities and connect with those no longer on the earth plane. In this *Complete Idiot's Guide* you get tips on how to connect with your personal divine energy through prayer, meditation, and dreams. Information on the birth of the human soul as perceived through theological, metaphysical, and spiritual viewpoints. Exercises to help you develop your mediumistic abilities. Tangible evidence of the continuity of life. [American Book Publishing Record](#), 2007. **Subject Guide to Books in Print**, 2001. **The Complete Idiot's Guide to Self-healing with Spas and Retreats** Linda Short, 1999 Discover the total guide to selecting, affording, and getting the most out of the perfect spa experience from yoga to a good old-fashioned facial, massage, mudbath approach with valuable tips and steps to bringing luxuries home. Illustrations throughout. **The Complete Idiot's Guide to Faith** Charles W. Moore, Robert Bittner, 2006 Does life have meaning? Is hope really possible? Is there a way to find strength in the midst of loss? Is there a God? If so, does He care about what happens to us? These are some of life's biggest, deepest questions. Yet millions of people believe they have found the path that will lead them to the ultimate answers. They call it faith. In *The Complete Idiot's Guide to Faith*, authors Moore and Bittner tackle the timeless issues of why some people choose to believe in a loving and forgiving God, what such belief can look like, and how Christian faith can yield benefits in every aspect of life, from improving family and work relationships to providing strength in the face of setbacks and loss. To help readers explore their own journeys of faith, each chapter includes a variety of self-discovery exercises, tips, and helpful sidebars explaining faith from a conservative

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