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New Approaches for Improving

Equity in Mental Health Research, Treatment, and Policy Edmund Howe, Virginia A. Brown, Lexi C. White, Julia

Knopes, Joanne Suarez, 2025-10-14. Centering the perspectives of people living with serious mental illness from the research question to data analysis to dissemination of findings can improve our understanding of how to best meet the needs of those living with a range of psychiatric conditions. Thus, elevating the voices of persons with lived experience is central to closing the discovery gap from the bench to the bedside to the community, thereby improving the health and health care of all involved. In this Research Topic, we seek to explore research that focuses on mental health policy and clinical and community health-based interventions intended to better meet the needs of persons whose experiences are too frequently omitted. We invite submissions that assess ethical challenges and opportunities around the inclusion of people with serious mental illness in all stages of the research process, including design, data collection, analysis, and dissemination of findings. Furthermore, this call seeks to include persons living with mental health conditions that are invisible to others: from underrepresented communities (e.g., Black, Latinx, LGBTQ) whose values and experiences around mental illness are informed by cultural beliefs beyond biomedicine; whose access to care is limited by either geography (i.e., urban, suburban, rural) or whose access to care can vary depending on their regional, national, or international setting. The guest editors for this upcoming issue of *Frontiers in Psychiatry* are committed to the inclusion of underrepresented issues, authors, and perspectives to further public discourse as we strive to improve the health and health care of people living with mental illness. We encourage authors to submit a range of article types, including original research, editorials, brief research reports, and mini-reviews, focusing on cutting-edge innovations in preventing, treating, and improving mental health care for persons living with mental illness. These contributions may include recent therapeutic developments at the forefront of psychiatric care, as well as emerging topics. As guest editors, we strive for inclusion; we welcome all identities, appreciate and respect individual values and convictions, and welcome authors with diverse perspectives, experiences, and backgrounds. We hope to offer new challenges and insights for policymakers and mental health providers alike that will guide their work both now and into the future.

The Listening

Cure Chris Gilbert, Chris Gilbert, MD, 2017-09-26 This book is about new and effective ways to address disease that aren't commonly used by our physicians. Dr. Chris Gilbert demonstrates that our bodies speak to us all the time. Through symptoms such as fatigue, joint pain, abdominal pain, anxiety, depression, and other symptoms, our bodies let us know that we have a problem and that we need to solve it. Dr. Gilbert, assisted by Dr. Haseltine, shows that by using her giving the body a voice technique, sufferers can discover what the symptoms mean and how to fix the often hidden reasons for their health problems. Each chapter reveals a different way of identifying underlying issues. These original, simple, and fun techniques include role playing, inner group therapy, dream interpretation, art interpretation, nature walks, and even conversations with death. The Listening Cure covers a range of common afflictions from obesity to back pain and devotes a full chapter to resolving sexual problems in relationships. By listening to what our bodies have to say, Dr. Gilbert shows how to achieve long-term, deep cures versus temporary, superficial fixes. Her secrets will become your secrets.

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