

What is Reiki

Reiki- Rei means "God's Wisdom / the Higher Power" and **Ki** is "life force energy". Reiki therefore means "spiritually guided life force energy".



The **Reiki** distance healing technique is used to send energies over a distance and treat clients.

Reiki creates balance and harmony in the recipient to promote healing.



A basic tenet of **Reiki** is that the flow of energy varies according to the degree of disharmony in the person or animal's body/mind.

Reiki energy flows freely from the healer's body to the recipient just like free flowing water. It relieves pain or stress from a part of the body with the greatest need.



靈氣
Reiki



Reiki energy works in harmony with all other forms of healing, including medicines, surgery, psychological care or any other method of alternative care.

83% studies show moderate to strong evidence supporting the merits of **Reiki** treatment.



About 4 000 000 people all over the world have taken atleast one level of **Reiki** training.

Reiki Benefits

Relieves aches and Pains of all types



Detoxifies The body



Relaxes muscles And relieves fatigue



Relaxes **body** And **mind**



Improves **Self-healing** Processes



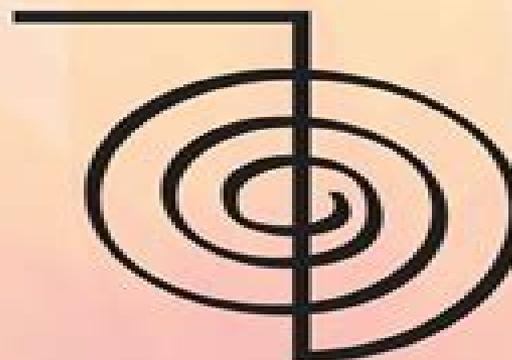
Promotes peaceful and **Positive outlook**



Boosts **Energy**



Improves **Sleep**



Reiki Healing Techniques

Liyong Dong



Reiki Healing Techniques:

Unveiling the Magic of Words: A Overview of "**Reiki Healing Techniques**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Reiki Healing Techniques**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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