

Live: 1 Day Workshop

ACT in Practice

- ✔ Introduction to the 6 core processes of ACT
- ✔ Strategies and ready-to-use resources for practice
- ✔ Provides access to advanced ACT training
- ✔ Suitable for all mental health professionals

Date: 29 Oct '25

Time: 8:00 - 14:00

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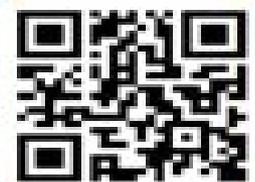
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