

**Table 3.1: Key gross motor developmental milestones**

<i>Age</i>	<i>Milestone</i>
3 mo	Neck holding
5 mo	Rolls over
6 mo	Sits in tripod fashion (sitting with own support)
8 mo	Sitting without support
9 mo	Stands holding on (with support)
12 mo	Creeps well; walks but falls; stands without support
15 mo	Walks alone; creeps upstairs
18 mo	Runs; explores drawers
2 yr	Walks up and downstairs (2 feet/step); jumps
3 yr	Rides tricycle; alternate feet going upstairs
4 yr	Hops on one foot; alternate feet going downstairs

# Developmental Milestones In Op Ghai

**IM Harris**



## **Developmental Milestones In Op Ghai:**

## **Developmental Milestones In Op Ghai** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has become more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **Developmental Milestones In Op Ghai**, a literary masterpiece that delves deep in to the significance of words and their effect on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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