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have so little loyalty to employees that the very notion of job security has become a punchline wouldn't it be great to have an additional source of income to fall back on And wouldn't it be great to make that happen without leaving your day job Enter the Side Hustle Based on detailed information from hundreds of case studies Chris Guillebeau provides a step by step guide that anyone can use to create and launch a profitable project in less than a month Designed for the busy and impatient this plan will have you generating income immediately without the risk of throwing yourself head first into the world of entrepreneurship Whether you just want to make some extra money or start something that may end up replacing your day job entirely the side hustle is the new job security When you generate income from multiple sources it gives you options and in today's world options aren't just nice to have they're essential You don't need entrepreneurial experience to launch a profitable side hustle You don't need a business degree know how to code or be an expert marketer And you certainly don't need employees or investors With this book as your guide anyone can learn to build a fast track to freedom *Macworld*, 1993-09 *Sams' Teach Yourself America Online 4.0 in 24 Hours* Bob Temple, 1998 Learn the basic features services and functions of America Online 4.0 including how to use navigate and explore the Internet from America Online Bob Temple teaches each lesson in a humorous and easy to understand manner that makes learning fast and fun Each chapter discusses tools needed to explore America Online's feature rich service After 24 hours you will be sending email tooling around the Internet and World Wide Web chatting with cyberfriends or even creating your own Web page BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved **The Power of Real Optimism** Deepika Chopra, 2026-03-10 Optimism isn't about pretending everything is fine It's about staying open and flexible especially when it's not In this fresh science backed debut professional psychologist and media expert Dr Deepika Chopra shows us how to build the kind of optimism that can actually withstand real life We've been sold the idea that optimism is a mood a mindset or worse just an inherent trait But what if real optimism is something else entirely In *The Power of Real Optimism* Dr Deepika Chopra known as The Optimism Doctor offers a radically different definition optimism as a science a skill and a psychological muscle we can strengthen Drawing from over a decade immersed in the science of resilience emotional well being and cognitive psychology as well as her work with clients innovative workshops and hallmark practices think evidence based visualization narrative reframing her signature self worth work and even color therapy Dr Chopra offers a toolkit for navigating the chaos uncertainty and nuance of being human without losing yourself to it Grounded practical and poetic in all the right ways this book will challenge your relationship with hope rewire how you recover from hard things and invite you to stay soft without falling apart With her blend of intimate storytelling psychological insight and tangible tools including a 33 day Real Optimism Challenge Dr Chopra offers something far more enduring than a quick fix or fleeting affirmation She invites us into a deeper more resilient way of living one where we can stay curious in the face of fear open in the face of grief and grounded even as the world wobbles beneath us Because real optimism doesn't deny the dark it teaches us how to see in

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