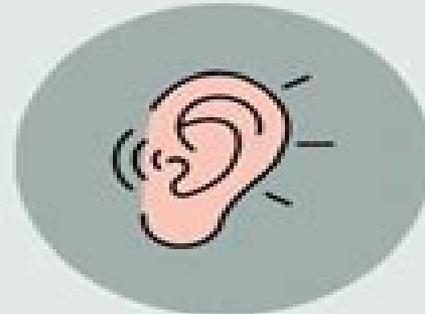


3 Fundamental Coaching Skills

Every Professional Needs

1. Active Listening

"So you're saying you feel stuck in your current job position."



2. Questioning

"How does this goal align with your values and priorities?"

3. Feedback and Reflection

"You were very proactive in implementing the strategies we discussed last week."

Paperbell 

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