

# ChatGPT: Zero to Power User Cheat Sheet

## KEY TERMS

**OpenAI:** parent company of ChatGPT

**Generative AI:** category of AI that can "produce" content like text/images vs. specific tasks like predicting things

**AI models:** think of these as big, big math equations

**Large language models:** very big math equations that are very good at predicting the next word

**Prompts:** messages you send to ChatGPT

**Prompt engineering:** the "science" of sending the exact right messages to ChatGPT to get the output you want

## PROMPT FRAMEWORKS

Get better output by structuring your prompts:

- **RTF (Role, Task, Format)**
- **CTF (Context, Task, Format)**
- **RASCEF (Role, Action, Steps, Context, Examples, Format)**

Two methods to prompting:

- **Megaprompts:** Write one big message that contains all of the above. E.g., ask for a full press release.
- **Prompt chaining:** Break down the task into smaller steps. E.g., start by asking for a blog post idea, then an outline, then the content.

## MODES

1. **Intern:** "Come up with new fundraising ideas."
2. **Thought Partner:** "What should we think about when generating new fundraising ideas?"
3. **Critic:** "Here's a list of 10 fundraising ideas I created. Are there any I missed? Which ones seem particularly good or bad?"
4. **Teacher:** "Teach me about [x]. Assume I know [x] and adjust your language."

## EXAMPLE PROMPTS

**Example context (attach before prompt):** "I run a bake shop called Pete's Pies located in Denver. We sell vegan cookies, brownies and cakes. My brand is witty, humorous and irreverent."

1. "Write 5 subject lines I should use for a holiday sale. Maximum 8 words each."
2. "Come up with a 5-day email sequence outline based on the teachings of the world's best e-commerce marketers to sell my ebook called 'Baking Wonders'"
3. "Write a landing page header for my new Salt Lake City location. Generate 10 ideas. Make sure they're creative."
4. "Write a cold email to the CEO of a local insurance agency. Assume they are interested in catered dessert. End of email asks for a 15-minute call. Max length 50 words. Tone: professional, enthusiastic."
5. "I'm hiring for a part-time baker position. Draft a job description using what you know about my business."
6. "I need to increase sales by 10% this year. What are some growth strategies I should think about?"
7. "Here are the reviews from my Google Reviews page. Summarize the feedback from my customers."
8. "Below are scratch notes from my recipe notebook. Format as a recipe to be shown online."

## KEY USE CASES

- **Summarizing** long text, transcripts, articles, reports
- **Brainstorming** ideas, outlines, new concepts
- **Synthesizing** insights and takeaways from text
- **Writing** blog posts, articles, press releases, standard operating procedures, pretty much any type of text
- **Coding** scripts and small programs
- **Extracting** data and patterns from messy text
- **Reformatting** text/data from messy text to tables/structure

## TONES

"Tone: [x]"  
"Write using a [x] tone"

CONVERSATIONAL  
LIGHTHEARTED  
PERSUASIVE  
SPARTAN  
FORMAL  
FIRM

## FORMAT

- "Be concise. Minimize excess prose."
- "Use less corporate jargon."
- "Output as bullet points in short sentences."
- "Output as a table with columns: [x], [y], [z], [a]"
- "Be extremely detailed."

## MISC. TIPS

- **Encouragement = better:** "You are world-class at marketing."
- **Scolding also = better:** "Make this better/more insightful."
- **If the output is bad, add more detail/background info**
- **Ask it to check its work:** "Are there any topics you missed?"
- **Adjust temperature:** Add "Temperature: x" to prompt. 1 = more creative (good for copywriting). 0 makes it more conservative (good for academic/formal).

## OTHER CHATBOTS



Bing Chat



Anthropic Claude



Poe



Google Bard

## USEFUL PLUGINS

requires ChatGPT Plus (\$20/month)



Zapier



Prompt Perfect



Noteable



Video Insights



Show Me



B12 AI Websites



Brandfetch



Substack IQ



Bardoon



AskYourPDF

## PROMPT INSPIRATION



PromptHero



SnackPrompt



Compiled by Pete Huang

Get the HI-RES version at [theneurondaily.com](https://theneurondaily.com)

# Chatgpt Guide

**A Gutmann**



## Chatgpt Guide:

Mastering ChatGPT 5 Jens Belner, 2025-08-15 Mastering ChatGPT 5 The Complete Guide from Beginner to Advanced Step into the future of AI with Mastering ChatGPT 5 the ultimate hands on guide for creators entrepreneurs professionals and curious minds who want to unlock the full potential of the world s most advanced AI model ChatGPT 5 isn t just a chatbot it s a powerhouse capable of building entire apps in one prompt automating complex workflows creating AI agents and delivering expert level insights across any topic This comprehensive guide takes you from the basics to cutting edge techniques ensuring you can harness GPT 5 for real results in business productivity and creativity Inside you ll discover Foundations of GPT 5 Understand its capabilities limitations and how it outperforms previous versions in reasoning coding and instruction following Prompting Mastery Learn proven prompt engineering strategies to get precise high quality outputs every time App Agent Building Step by step methods to create custom AI agents automate tasks and integrate GPT 5 with tools like Make n8n and Cursor Advanced Automation Connect GPT 5 to APIs Google Sheets and other platforms to streamline workflows and scale operations Business Applications Use GPT 5 to generate marketing campaigns sales funnels SEO strategies and data driven reports Creative Power Explore how GPT 5 can assist with writing design coding content planning and even brainstorming full business models Real World Case Studies See exactly how experts are using GPT 5 to save hours of work reduce costs and drive innovation Whether you re a complete beginner or already an experienced AI user this book will show you how to move from experimenting with ChatGPT 5 to fully integrating it into your personal and professional life turning ideas into reality faster than ever Perfect for Entrepreneurs business owners looking to automate and scale Developers wanting to speed up coding and prototyping Marketers content creators seeking fresh high impact strategies Anyone curious about using AI to work smarter not harder With Mastering ChatGPT 5 you ll have a clear practical roadmap to becoming an advanced AI operator ready to build automate and innovate in ways you never thought possible The future of productivity is here Are you ready to master it

**Artificial Intelligence (AI) in Social Research** Prokopis A. Christou, 2025-04-08 The field of social research is characterized by its broad scope and interdisciplinary nature encompassing the examination of human behaviour societies and various facets of social existence however it is influenced by numerous factors including technological advancements It is therefore no surprise that Artificial Intelligence AI has rapidly become a driving force bringing about substantial transformations within the field The use of AI assisted tools and programmes for the collection analysis and interpretation of both quantitative and qualitative data is increasing at a remarkable pace The implications of utilizing these applications are significant and noteworthy While these technologies present numerous opportunities it is important to acknowledge the accompanying dilemmas and risks associated with this form of technological advancement With a focus on AI s research implications this book explores various considerations and examples across different disciplines of social research

**AI and the Emotionally Enlightened Mind** Kemal Onur

Güneş,2024-12-22 Discover the transformative power of Emotional Intelligence EQ in AI and the Emotionally Enlightened Mind A Guided Journey for Analytical Thinkers by Kemal Onur G ne This groundbreaking guide invites those with a keen analytical mind to enhance their logical strengths with emotional insight creating a balanced intelligence that resonates beyond numbers and data In an age where both cognitive and emotional skills drive success this book reveals how AI particularly ChatGPT can support personal growth in EQ With ChatGPT as your interactive companion you ll navigate structured exercises that explore self awareness empathy resilience and social skills components essential for those who value intellectual depth but seek to engage more meaningfully in personal and professional relationships This book empowers you to Develop a profound self awareness that aligns intellectual insight with emotional understanding Practice empathy to deepen interpersonal connections and perspective taking Enhance social skills to communicate with clarity and warmth Build resilience embracing setbacks as steps toward growth AI and the Emotionally Enlightened Mind is more than a manual it s an experiential journey for high IQ individuals seeking to master the art of emotional intelligence With each chapter you ll see how IQ and EQ together create a powerful toolkit for navigating life s complexities Elevate your potential enrich your relationships and embrace a well rounded intelligence that combines sharp reasoning with genuine human connection

ChatGPT Guide: What It Is, How to Use It, and The Best Things You Can Do With This AI Chat Martín Arellano, Generative AI, Contracts, Law and Design Marcelo Corrales Compagnucci,Helena Haapio,Mark Fenwick,2025-11-22 This book explores how generative AI and design are reshaping the law legal communication and contracting moving beyond automation toward collaboration and meaningful outcomes Combining theory and practice it addresses challenges such as privacy communication financial well being responsible AI use and the language of contracts This edited book breaks new ground in exploring how generative AI and design are acting as catalysts for change in law legal communication and contracting Together they are transforming the way we think and act moving beyond automation toward collaboration actionability and achieving goals Bringing together theoretical insights and practical experiments the book features contributions from scholars and practitioners working at the intersection of law business technology and design Chapters address topics such as AI enhanced financial well being and debt support bridging the implementation gap in contracting improving the usability of privacy communication and health data and protecting artistic style in the age of AI Threaded through these diverse contributions common questions emerge If the purpose of contracts is to establish and achieve common goals why does their language so often seem arcane like a magic spell and how can AI help us change that How can we responsibly integrate AI into legal health and commercial information to enhance usability and understanding What does responsible AI use look like in practice and how can design principles guide it This book provides legal professionals technologists designers business leaders and policymakers with the insight and tools necessary to shape the future of law and contracts creatively and critically **The Curious User's Guide to Chat GPT. No Tech Skills Required**

M.B. Chatfield, Unlock the wonders of ChatGPT it's easier than you think Heard about ChatGPT but worried it's too complicated The Curious User's Guide to Chat GPT is here to show you just how accessible and user friendly AI can be This book is specifically designed for those with no technical skills offering a clear and simple path to understanding and using ChatGPT Discover practical applications for writing brainstorming getting information and much more all explained in plain language Satisfy your curiosity and start exploring the power of ChatGPT today no tech expertise required AI AIEasy AskAI TalkToAI LearnChatGPT BeginnerAI EasyAI ChatGPTTips AIChatbot EasyChatGPT SimpleAITips AIChat ChatGPTGuide ChatGPTBeginner SimpleAIChat ChatGPTForNewUsers EffectivePrompts ChatGPTShortcuts ChatGPTForBeginners ChatGPTForEveryone AISimplified MBChatfield SimpleStepsTo ChatGPTGuide ChatGPTTechniques ArtificialIntelligence ChatGPTMadeEasy

**AI Revolution** Tero Ojanperä, 2024-11-14 The AI Revolution is a practical guide to using new AI tools such as ChatGPT DALL-E and Midjourney Learn how to multiply your productivity by guiding or prompting AI in various ways The book also introduces Microsoft Copilot Google Bard and Adobe Photoshop Generative Fill among other new applications ChatGPT reached a hundred million users in just two months after its release faster than any other application before This marked the advent of the generative AI era Generative AI models generate text images music videos and even 3D models in ways previously thought impossible for machines The book explains in an understandable manner how these AI models work The book provides examples of how AI increases productivity which professions are changing or disappearing and how job markets will evolve in the coming years With this book you'll learn to recognize the opportunities and risks AI offers Understand what this change demands from individuals and companies and what strategic skills are required The book also covers legal questions caused by generative AI like copyrights data protection and AI regulation It also ponders societal impacts AI produces content thus influencing language culture and even worldviews Therefore it's crucial to understand by whom and how AI is trained The AI revolution started by ChatGPT is just the beginning This handbook is for you if you want to keep up with the rapid development of AI

ChatGPT Mastery Guide: The Complete Handbook for Users in 2026  
Parth, 2026-01-19 ChatGPT Mastery Guide 2026 Prompt Engineering Hallucination Detection Advanced AI Techniques Solve ChatGPT's 1 Problems 47% Hallucination Rate Poor Prompting Memory Loss More The Only ChatGPT Guide Built from 130 Research Sources Real User Pain Points 40,000 words of research backed mastery covering 14 comprehensive chapters that solve the exact problems users complain about daily on Reddit academic journals and forums PROBLEMS THIS BOOK SOLVES Real User Complaints 47% hallucination rate 4 proven detection methods Ineffective prompts DEPTH prompting framework tested on 1,000 prompts Memory context loss Enterprise grade conversation management Academic citation fabrication Safe research practices that won't get you expelled Enterprise security risks Data governance frameworks Code generation failures Developer workflows that actually work Custom instruction confusion Personalization mastery WHO THIS BOOK IS FOR Students Academic integrity protection Developers Code generation debugging automation Content Creators

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Guide to ChatGPT is the perfect introduction to the world of artificial intelligence In clear straightforward language Dr Don Rider shows you how to use ChatGPT for everything from writing and automating tasks to learning new skills and enhancing productivity Packed with practical tips ready to use prompts and step by step examples this guide makes it easy to tap into the power of AI no technical experience necessary

**MASTERING CHATGPT** , Look no further than this book Mastering ChatGPT A Comprehensive Guide for Beginners and Advanced Users Written by Kamilu Aminu Yusif Unlock the full potential of ChatGPT with this comprehensive guide perfect for both beginners and experienced users Mastering ChatGPT takes you on a step by step journey from understanding the basics of AI driven communication to mastering advanced techniques that will elevate your productivity creativity and problem solving skills Inside this book you ll find

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**Appendix with Essential Resources** Gain quick access to a glossary of terms keyboard shortcuts troubleshooting tips and support contacts ensuring you have everything you need to succeed

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conversation to the next level

**The ChatGPT Starter Kit: A Practical Guide for Everyone** M.B. Chatfield, ChatGPT is a powerful chatbot that can be used for a variety of purposes including generating text translating languages writing different kinds of creative content and answering your questions in an informative way This book is a practical guide for anyone who wants to learn how to use ChatGPT It covers everything from the basics of ChatGPT to advanced topics such as natural language processing and machine learning In this book you will learn What ChatGPT is and how it works How to install and configure ChatGPT How to use ChatGPT to generate text translate languages write different kinds of creative content and answer your questions How to customize ChatGPT to meet your needs M B Chatfield is a writer and researcher who is passionate about artificial intelligence author of several books on AI including The ChatGPT Starter Kit Order The ChatGPT Starter Kit today and start learning how to use this powerful chatbot ChatGPT AI ArtificialIntelligence LanguageModel Chatbot LearnChatGPT ChatGPTGuide Tips NaturalLanguageProcessing MachineLearning Programmers TechEnthusiasts TheChatGPT StarterKit Translation NLP

**ChatGPT Unlocked** Aileen Santos,2024-10-29 Unlock the full potential of ChatGPT with this comprehensive beginner s guide ChatGPT Unlocked The Ultimate Beginner s Guide with Tips Tricks and Prompts to Master AI Conversations Whether you re new to AI or looking to deepen your skills this book will empower you to make the most of ChatGPT as a versatile all in one tool for daily life Packed with expert tips tailored tricks and beginner friendly prompts this guide explores everything from getting started with simple commands to advanced prompt techniques that yield powerful results Discover how ChatGPT can assist you in productivity creativity organization and learning Each section is designed to enhance your confidence and skill in interacting with ChatGPT making it a helpful companion for personal and professional growth Ideal for anyone looking to integrate AI into their routine this guide provides the essential insights and practical tools needed to make ChatGPT your go to resource for brainstorming problem solving organizing and so much more Dive in to unlock the capabilities of ChatGPT and transform the way you approach tasks projects and ideas

ChatGPT for Beginners Ritesh Sonvane,2026-02-25 Unlock the power of artificial intelligence and transform the way you work learn and grow ChatGPT for Beginners is your complete step by step guide to understanding and using ChatGPT effectively even if you have no technical background Whether you re a student entrepreneur freelancer content creator or professional this book will show you how to use AI to save time increase productivity and stay ahead in the digital age Artificial intelligence is no longer optional It is becoming an essential skill This practical guide teaches you how to use ChatGPT confidently ethically and strategically Inside this book you ll discover What ChatGPT is and how it works How to write powerful prompts that generate better results Time saving prompt templates for productivity and business How to automate repetitive tasks ChatGPT for writing marketing and content creation AI tools for career growth and job search Ethical use privacy protection and data safety A complete 30 day action plan to master ChatGPT This book goes beyond theory It gives you practical frameworks real world examples and structured exercises that help you apply AI immediately If

you want to Save hours every week Improve writing quality Generate business ideas Automate tasks Increase productivity Stay competitive in the AI era Then this book is your starting point Artificial intelligence is changing the world Learn how to use it before you are left behind Start mastering ChatGPT today *Chatgpt* Kenneth Escoto,2023-07-04 **ChatGPT Prompt Cheatsheet** Yaswanth Sai Palaghat,2024 *ChatGPT in Action: A Guide* ,2024-11-10 ChatGPT in Action is a self study and practice book with 60 lessons to learn how to use ChatGPT in a professional way What will you learn from this book Understand How AI Works Learn how ChatGPT can understand your input and generate human like responses Discover ChatGPT s Full Range of Features as a software tool from customizing its outputs to using advanced tools and creating images Understand ChatGPT s Limits including hallucination and its memory limits along with strategies to work around them effectively Master Prompt Engineering Develop the skill of writing effective prompts and building context to achieve the best results Unlock ChatGPT s Full Potential by exploring practical applications that range from personal to professional contexts *Getting Started with AI* RaptorDynasty,2025-10-07 *Getting Started with AI A Practical Guide to Using ChatGPT for Business* is a step by step handbook for entrepreneurs freelancers and creators who want to turn AI into real income This practical guide shows you how to use ChatGPT to automate tasks create high quality content write persuasive copy and build scalable digital products even without a team Through hands on examples ready to use prompts and actionable exercises you ll learn how to grow your business faster and smarter Whether you re starting from scratch or ready to scale this book helps you move from learning to earning with the power of AI *The Art of Prompt Engineering with ChatGPT* Nathan Hunter,2023 ChatGPT is an incredible AI tool that has the potential to revolutionise the way we work Bill Gates recently state that ChatGPT is as big an invention as the internet and that it could essentially change the world However to be able to get the most out of ChatGPT and move beyond simple use cases you will need to learn the art of prompt engineering

**ChatGPT, A Guide for Beginners** Todd Bitfold,2024-02-21 Are you curious about ChatGPT but don t know how to get started Do you want to understand ChatGPT in simple terms Do you want to know how ChatGPT can help the average person Start your journey into the exciting world of artificial intelligence with *A ChatGPT Guide for Beginners What It Does How It Does It and Why You Should Use It* a comprehensive guide to mastering ChatGPT the groundbreaking AI tool This easy to follow book is designed for anyone eager to unlock the full potential of ChatGPT It addresses common challenges and frustrations such as Understanding ChatGPT s capabilities and limitations Getting the results you need from ChatGPT Leveraging ChatGPT for problem solving content creation and more As a beginner friendly guide *A ChatGPT Guide for Beginners What It Does How It Does It and Why You Should Use It* equips you with the knowledge to use ChatGPT efficiently Inside you ll discover how to Boost your everyday productivity AND be more creative Sidestep common pitfalls and maximize ChatGPT s capabilities Boost your business and personal productivity to unprecedented levels For those ready to dive into the world of advanced technology and forge a new path with ChatGPT this book is the way to get started So don t wait scroll

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