

# Abnormal Psychology PSYCH 383 Study Guide Chapters 4-6

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## Chapter 4

### *Key Concepts:*

- 1. Mental disorders are psychological disorders that are characterized by abnormal thoughts, emotions, and behaviors.*
- 2. Mental disorders can be caused by a variety of factors, including biological, psychological, and social factors.*
- 3. Mental disorders are treated with a variety of methods, including medication, therapy, and self-help.*

### *Important Events:*

- 1. The first mental hospital was established in the United States in 1808.*
- 2. The first psychiatric classification system was developed by Emil Kraepelin in the late 19th century.*
- 3. The first antipsychotic medication, chlorpromazine, was developed in the 1950s.*

### *Notable Figures:*

- 1. Sigmund Freud is considered the father of psychoanalysis.*
- 2. Carl Jung is considered the founder of analytical psychology.*
- 3. Alfred Adler is considered the founder of individual psychology.*

## Chapter 5

### *Key Concepts:*

# Abnormal Psychology Study Guide Barlow

**JA Banks**



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