

GENERAL PSYCHOLOGY FINAL EXAM STUDY GUIDE

1. In its early years, psychology focused on the study of _____, but from the 1920s into the 1960s, American psychologists emphasized the study of _____.
 - A. environmental influences; hereditary influences
 - B. maladaptive behavior; adaptive behavior
 - C. unconscious motives; conscious thoughts and feelings
 - D. mental life; observable behavior**
2. The young science of psychology developed from the more established fields of philosophy and _____.
 - A. economics
 - B. biology**
 - C. geography
 - D. sociology
3. Janna has low self-esteem because she is often teased for being overweight. Appreciating the complexity of Janna's difficulties requires _____.
 - A. introspection
 - B. psychoanalysis
 - C. massed practice
 - D. a biopsychosocial approach**
4. Professor Crisman believes that most women prefer tall and physically strong partners because this preference promoted the survival of our ancestors' genes. This viewpoint best illustrates the _____ perspective.
 - A. social-cultural
 - B. cognitive
 - C. evolutionary**
 - D. psychodynamic
5. Professor Lopez believes that severe depression results primarily from an imbalanced diet and abnormal brain chemistry. Professor Lopez favors a _____ perspective on depression.
 - A. neuroscience**
 - B. psychodynamic
 - C. behavior genetics
 - D. cognitive
6. Efforts to discover whether the intelligence of children is more heavily influenced by their biology or by their home environments are most directly relevant to the debate regarding _____.
 - A. structuralism vs. functionalism
 - B. evolution vs. natural selection
 - C. observation vs. introspection
 - D. nature vs. nurture**
7. Contemporary psychology is best defined as the science of _____.
 - A. conscious and unconscious mental activity
 - B. observable responses to the environment
 - C. behavior and mental processes**
 - D. maladaptive and adaptive behaviors
8. Humanistic psychologists focused attention on the importance of people's _____.

Psychology Stress And Health Study Guide Answers

Michael Brown



Psychology Stress And Health Study Guide Answers:

Decoding **Psychology Stress And Health Study Guide Answers**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Psychology Stress And Health Study Guide Answers**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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