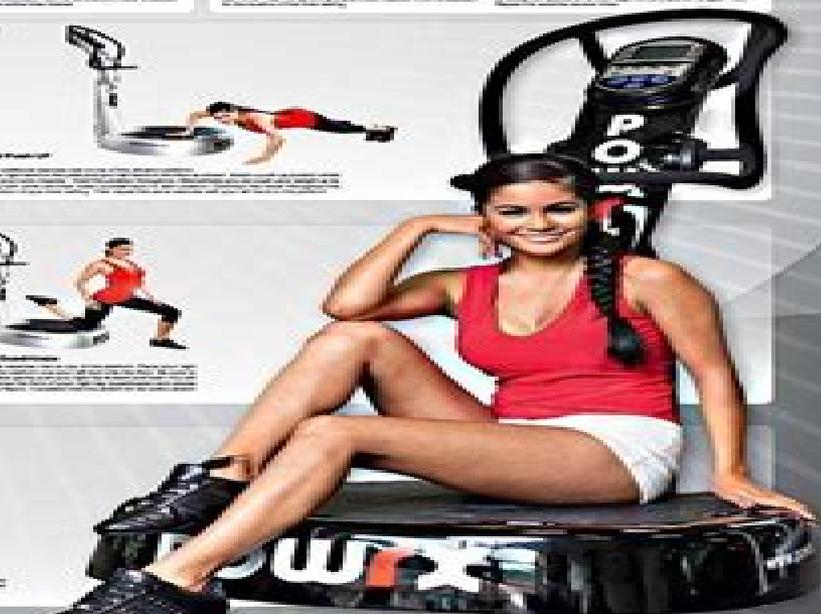


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Power Plate Exercises Manual

Ralph Mosser Barnes



Power Plate Exercises Manual:

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