

# The Guardian Of Your Health

Health Detection & Relieve

## Sanjiao Meridian of Hand—Shaoyang

Sore Eye, Ear, Jaw, Shoulder & External Upper Extremity Pain, Swelling, Abdominal Distension, Weak Bladder.

## Heart-Meridian of Hand—Shaoyin

Stomachache, Heart Pain, Frequent Thirst, Dry Throat, Rapid Heart Beat, Nervousness, Sleep Disorder, Elbow Pain, Insomnia, Internal Upper Arm Pain.

## Small Intestine Meridian of Hand—Taiyang

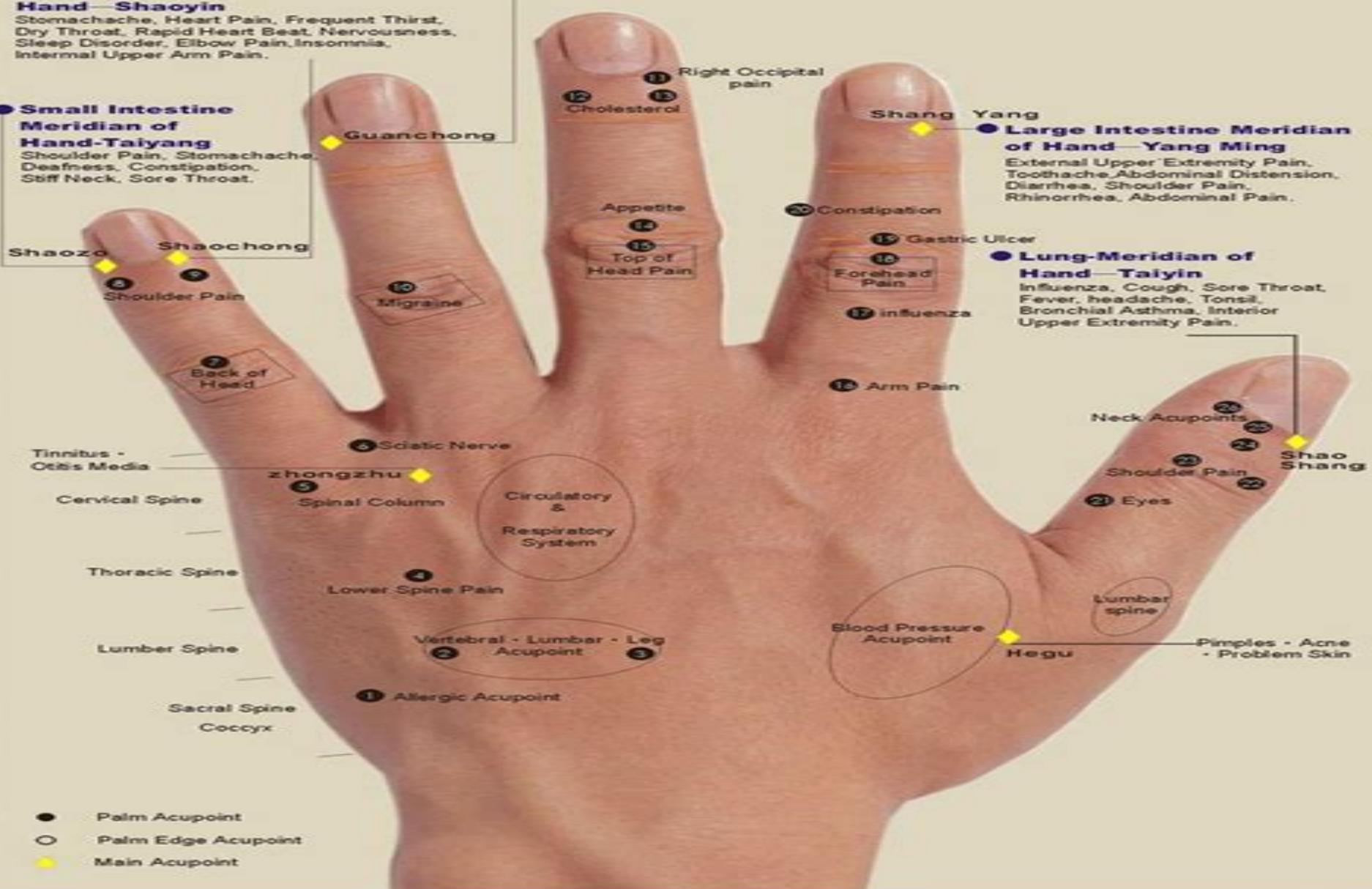
Shoulder Pain, Stomachache, Deafness, Constipation, Stiff Neck, Sore Throat.

## Large Intestine Meridian of Hand—Yang Ming

External Upper Extremity Pain, Toothache, Abdominal Distension, Diarrhea, Shoulder Pain, Rhinorrhea, Abdominal Pain.

## Lung-Meridian of Hand—Taiyin

Influenza, Cough, Sore Throat, Fever, headache, Tonsil, Bronchial Asthma, Interior Upper Extremity Pain.



- Palm Acupoint
- Palm Edge Acupoint
- ◆ Main Acupoint

# Acupuncture Hand Points Chart

**Scott C. Dulebohn**



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## **Table of Contents Acupuncture Hand Points Chart**

1. Understanding the eBook Acupuncture Hand Points Chart
  - The Rise of Digital Reading Acupuncture Hand Points Chart
  - Advantages of eBooks Over Traditional Books
2. Identifying Acupuncture Hand Points Chart
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Acupuncture Hand Points Chart
  - User-Friendly Interface
4. Exploring eBook Recommendations from Acupuncture Hand Points Chart
  - Personalized Recommendations
  - Acupuncture Hand Points Chart User Reviews and Ratings
  - Acupuncture Hand Points Chart and Bestseller Lists
5. Accessing Acupuncture Hand Points Chart Free and Paid eBooks
  - Acupuncture Hand Points Chart Public Domain eBooks

- Acupuncture Hand Points Chart eBook Subscription Services
- Acupuncture Hand Points Chart Budget-Friendly Options
- 6. Navigating Acupuncture Hand Points Chart eBook Formats
  - ePub, PDF, MOBI, and More
  - Acupuncture Hand Points Chart Compatibility with Devices
  - Acupuncture Hand Points Chart Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Acupuncture Hand Points Chart
  - Highlighting and Note-Taking Acupuncture Hand Points Chart
  - Interactive Elements Acupuncture Hand Points Chart
- 8. Staying Engaged with Acupuncture Hand Points Chart
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Acupuncture Hand Points Chart
- 9. Balancing eBooks and Physical Books Acupuncture Hand Points Chart
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Acupuncture Hand Points Chart
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Acupuncture Hand Points Chart
  - Setting Reading Goals Acupuncture Hand Points Chart
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Acupuncture Hand Points Chart
  - Fact-Checking eBook Content of Acupuncture Hand Points Chart
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks

### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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