

The Lidcombe Program Treatment Guide



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OVERVIEW

Professional issues

Qualified practitioners

The Lidcombe Program is administered only by speech pathologists, who are known by various terms including, but not limited to, speech pathologist (Australia), speech-language pathologist (North America), speech and language therapist (United Kingdom and Japan), Logopäd (Germany), orthophoniste (France), logopædagog (Denmark) and logopedist (Netherlands). In this guide, the generic term clinician is used. The Lidcombe Program is endorsed by the professional associations of several countries.^{1,2,3}

An important note

It is essential that a professionally qualified clinician trains, guides, and supervises the parent during the Lidcombe Program. Neither this guide nor any other written material about the treatment can replace professional Lidcombe Program training. The treatment is not designed for administration by parents independently of a clinician. This guide is intended as a reference tool for use by clinicians and parents during treatment.

The Lidcombe Program Trainers Consortium

Postgraduate clinician training is available from the *Lidcombe Program Trainers Consortium*.⁴ The Consortium has members in 13 countries and provides training in other countries as well. This training usually involves two days of instruction and demonstration, often with subsequent follow-up. When translators are required, the workshop may involve additional days.

A behavioural treatment

The Lidcombe Program is a behavioural treatment that targets the child's stuttered speech. It was designed for children younger than 6 years of age but, in some circumstances, may be suitable for older children (further details are available in a clinical textbook⁵). During the Lidcombe Program, the child is not instructed to change their usual speech pattern in any way. The parent does not alter the child's usual speech pattern or speech and language habits in any way. The parent also does not change the family lifestyle in any way, apart from presenting verbal contingencies as described in this guide. The parent, or sometimes a caregiver, delivers the Lidcombe Program treatment with the continuing training and supervision of a qualified clinician.

The parent gives verbal response contingent stimulation

The term *parent verbal contingencies* refers to when a parent comments after a child does not stutter or does stutter. The parent provides verbal contingencies to the child during practice sessions and during natural conversations.

Lidcombe Program Treatment Guide 2016

KJ Lindholm-Leary



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