

A large, seared piece of meat, possibly a tripe, is served on a dark plate with green garnishes. The meat is the central focus, showing a rich brown crust and a lighter interior. It is surrounded by fresh green herbs and vegetables, including what appears to be a green onion and some leafy greens. The background is dark and slightly out of focus, emphasizing the food.

James Peterson

with an introduction by James Beard award winner

# meat

A Kitchen Education

# Meat A Kitchen Education

**Ian Pickup**



## **Meat A Kitchen Education:**

**Meat** James Peterson, 2012-05-30 Meat A Kitchen Education is award winning author James Peterson's guide for carnivores with more than 175 recipes and 550 photographs that offer a full range of meat and poultry cuts and preparation techniques presented with Peterson's unassuming yet authoritative style. Instruction begins with an informative summary of meat cooking methods: sautéing, broiling, roasting, braising, poaching, frying, stir-frying, grilling, smoking, and barbecuing. Then chapter by chapter Peterson demonstrates classic preparations for every type of meat available from the butcher: chicken, turkey, duck, quail, pheasant, squab, goose, guinea hen, rabbit, hare, venison, pork, beef, veal, lamb, and goat. Along the way he shares his secrets for perfect pan sauces, gravies, and jus. Peterson completes the book with a selection of homemade sausages, pâtés, terrines, and broths that are the base of so many dishes. His trademark step-by-step photographs provide incomparable visual guidance for working with the complex structure and musculature of meats and illustrate all the basic prep techniques from trussing a whole chicken to breaking down a whole lamb. Whether you're planning a quick turkey cutlet dinner, Sunday pot roast, supper, casual hamburger cookout, or holiday prime rib feast, you'll find it in Meat, along with Roast Chicken with Ricotta and Sage, Coq au Vin, Duck Confit, and Warm Lentil Salad, Long Braised Rabbit Stew, Baby Back Ribs with Hoisin and Brown Sugar, Sauerbraten, Hanger Steak with Mushrooms, and Red Wine Oxtail Stew with Grapes, Osso Buco with Fennel and Leeks, Veal Kidneys with Juniper Sauce, Lamb Tagine with Raisins, Almonds, and Saffron, Terrine of Foie Gras, and more. No matter the level of your culinary skills or your degree of kitchen confidence, the recipes and guidance in Meat will help you create scores of satisfying meals to delight your family and friends. This comprehensive volume will inspire you to fire up the stove, oven, or grill and master the art of cooking meat. Winner 2011 James Beard Cookbook Award, Single Subject Category. [Chicken and Other Poultry: James Peterson's Kitchen Education](#) James Peterson, 2012-04-10 Celebrated chef, teacher, and cookbook author James Peterson presents more than thirty recipes for chicken, turkey, duck, squab, and quail from Cooking, his classic guide for home cooks. Featuring delicious and approachable recipes for all manner of poultry and birds such as Moroccan Chicken Tagine, Provençal Chicken, classic Roast Turkey, Duck Confit, and more, Peterson teaches the finer points of cooking to produce consistently excellent results. He also includes an array of helpful step-by-step photographs to help you master the techniques and build confidence in the kitchen. In addition to the wonderful and diverse recipes, Peterson provides a true kitchen education with sections on the ten basic cooking methods, techniques all cooks should know, cooking terms, and recommended ingredients and kitchen tools. This e-book exclusive is an enriching addition to anyone's digital library, and cooks both new and experienced will appreciate Peterson's relaxed, unfussy style that encourages them to learn, keep it simple, and have fun in the kitchen. Be sure to check out more e-book exclusives from James Peterson's Kitchen Education series. **Soups and Broths: James Peterson's Kitchen Education** James Peterson, 2012-04-10 Celebrated chef, teacher, and cookbook author James Peterson presents more than forty soup and broth recipes from Cooking, his classic

guide for home cooks Within cooks of all levels will find a wide variety of delicious doable recipes basics like chicken broth classics like Tomato Soup and exotics such as Thai Hot and Spicy Shrimp Soup For those looking to get creative Peterson explains soup fundamentals so you can craft your own dishes tailored to different palates and tastes Peterson also includes an array of helpful step by step photographs to help you master the techniques and build confidence in the kitchen In addition to the wonderful and diverse recipes Peterson provides a true kitchen education with sections on the ten basic cooking methods recipes and techniques all cooks should know cooking terms and recommended ingredients and kitchen tools This e book exclusive is an enriching addition to anyone s digital library and cooks both new and experienced will appreciate Peterson s relaxed unfussy style that encourages them to learn keep it simple and have fun in the kitchen Be sure to check out more e book exclusives from James Peterson s Kitchen Education series      **Sauces, Salsas, and Chutneys:**

**James Peterson's Kitchen Education** James Peterson,2012-04-10 Celebrated chef teacher and cookbook author James Peterson presents more than fifty recipes for sauces salsas and chutneys from Cooking his classic guide for home cooks Covering a comprehensive range of sauces including Bordelaise Pesto Rouille Barbecue Ponzu Tropical Fruit Salsa and more Peterson teaches the fundamentals of making delicious and approachable sauces that will enhance your kitchen repertoire These versatile recipes punch up any dish including meat fish pasta sandwiches and vegetables Peterson also includes an array of helpful step by step photographs to help you master the techniques and build confidence in the kitchen In addition to the wonderful and diverse recipes Peterson provides a true kitchen education with sections on the ten basic cooking methods recipes and techniques all cooks should know cooking terms and recommended ingredients and kitchen tools This e book exclusive is an enriching addition to anyone s digital library and cooks both new and experienced will appreciate Peterson s relaxed unfussy style that encourages them to learn keep it simple and have fun in the kitchen Be sure to check out more e book exclusives from James Peterson s Kitchen Education series      Cooking James Peterson,2012-04-10 In an era of outfitted home kitchens and food fascination it s no wonder home cooks who never learned the fundamentals of the kitchen are intimidated Twenty years ago James Peterson could relate and so he taught himself by cooking his way through professional kitchens and stacks of books logging the lessons of his kitchen education one by one Now one of the country s most revered cooking teachers Peterson provides the confidence building instructions home cooks need to teach themselves to cook consistently with ease and success COOKING is the only all in one instructional that details the techniques that cooks really need to master teaches all the basic recipes and includes hundreds of photos that illuminate and inspire Cooking authority James Peterson s definitive all inclusive learn to cook cookbook 600 hard working recipes everyone should know how to make from the perfect roasted chicken to bouillabaisse and apple pie 1 500 instructional photos showing exactly how recipes are made teach food literate novices to cook with confidence and more advanced cooks to expand their repertoire James Peterson has more than 1 million cookbooks in print From the Hardcover edition      *Primary Education* ,1919

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