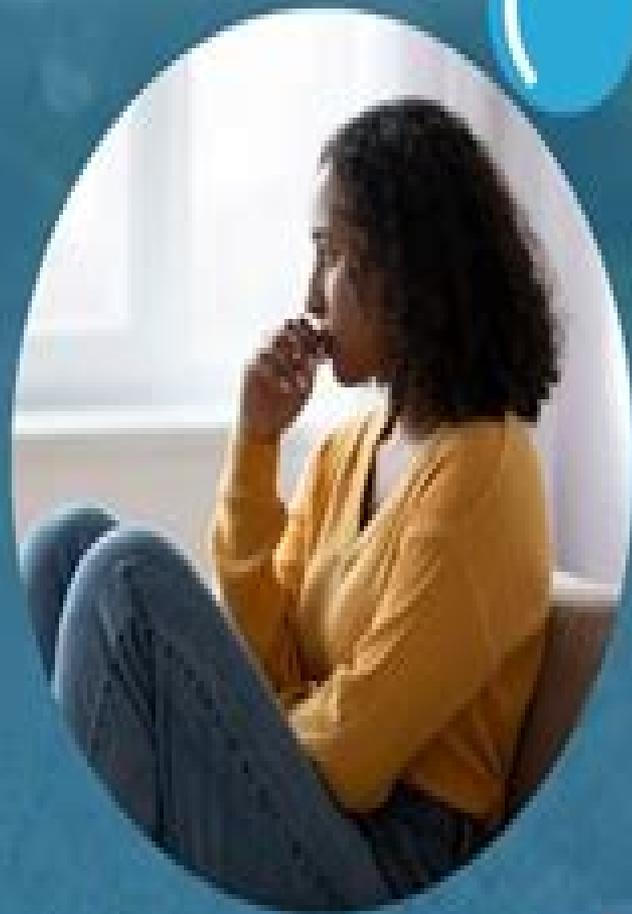


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Already Toast Kate Washington, 2021-03-16 The story of one woman's struggle to care for her seriously ill husband and a revealing look at the role unpaid family caregivers play in a society that fails to provide them with structural support Already Toast shows how all-consuming caregiving can be how difficult it is to find support and how the social and literary narratives that have long locked women into providing emotional labor also keep them in unpaid caregiving roles When Kate Washington and her husband Brad learned that he had cancer they were a young couple professionals with ascending careers parents to two small children Brad's diagnosis stripped those identities away he became a patient and she his caregiver Brad's cancer quickly turned aggressive necessitating a stem cell transplant that triggered a massive infection robbing him of his eyesight and nearly of his life Kate acted as his full-time aide to keep him alive coordinating his treatments making doctors appointments calling insurance companies filling dozens of prescriptions cleaning commodes administering IV drugs She became so burned out that when she took an online quiz on caregiver self-care her result cheerily declared You're already toast Through it all she felt profoundly alone but as she later learned she was in fact one of millions an invisible army of family caregivers working every day in America their unpaid labor keeping our troubled healthcare system afloat Because our culture both romanticizes and erases the realities of care work few caregivers have shared their stories publicly As the baby boom generation ages the number of family caregivers will continue to grow Readable relatable timely and often raw Already Toast with its clear call for paying and supporting family caregivers is a crucial intervention in that conversation bringing together personal experience with deep research to give voice to those tasked with the overlooked vital work of caring for the seriously ill

Powerful Powders Charity L. Bedell, 2026-02-08 130 Recipes to Capture the Magic in Every Mote Drawing upon American folk traditions and witchcraft Charity Bedell provides practical and spiritual advice for working with powdered plant animal and mineral curios She takes you step by step through storing energy in finely ground materials and releasing it to enhance spells and rituals Learn how to direct your will by dusting powder on a candle sprinkling it into a bath or pouring it into a container Elevate your practice with witch salts floor sweeps spice blends and other substances Whether you desire protection empowerment or love this book offers numerous easy-to-use formulas for this uniquely portable and discreet form of natural magic A great companion to *Divine Dirt* and *Container Magic* this book provides spells exercises and recipes for all your magical and spiritual needs including Ancestor work Attraction Banishment Binding Blessing Cleansing Divination Employment Friends Friendship Healing Hex Breaking House Home Justice Love Luck Meditation Mental Health Prosperity Success Protection Psychic Development Spirit Work Wishes

End of Life Care in the ICU Graeme Rocker, 2010-01-28 This book highlights real clinical issues which need to be addressed if quality palliative care within ICUs is to be consistently delivered It is presented in an easily accessible bullet-pointed style and is illustrated with case histories from real-life patients and drug tables

When Kids Ask Hard Questions Volume 2 Bromleigh

McCleneghan, Karen Ware Jackson,2021-11-09 From the creators of When Kids Ask Hard Questions comes MORE questions and thank goodness responses on today s tough topics In an increasingly complex world children deserve thoughtful responses informed by our progressive faith values In this second volume for parents teachers and faith leaders respected experts pastors and parents address more than two dozen tough topics offering theological perspectives and suggestions for comforting and spiritually guiding children Topics include racism and white supremacy vaping and illegal drugs domestic abuse and family stigma pornography and sexuality mental illness and teen suicide social media and isolation and terminal illness and grief Communication Outlook ,1985 **My Life** Alfred Russel Wallace,1905 *Dentistry* ,1989 *Updating Long COVID: Mechanisms, Risk Factors, and Treatment* César Fernández-de-las-Peñas ,Lars Arendt-Nielsen,2024-10-04 The SARS CoV 2 virus has led to the worldwide outbreak of the twentieth century Current knowledge on SARS CoV 2 acute infection has dramatically increased Three years after the main outbreak the presence of long lasting symptoms after the acute infection called long COVID or post COVID 19 syndrome affects millions of individuals worldwide Increasing literature supports the presence of more than 100 potential symptoms after the acute phase of infection such as extreme fatigue dizziness and insomnia depression and anxiety memory and concentration impairments loss of smell or taste tinnitus and earaches chest pain heart palpitations tightness muscle aches However several gaps still are present in the identification timeframe mechanisms and treatment strategies for the management of long COVID The Teachers' Aid ,1903

Symptom Reduction Through Clinical Biofeedback Ivan Wentworth-Rohr,1984 *The Atlantic Monthly* ,1911 **Official Journal** ,1923 The Clinical Journal ,1906 *Atlantic Monthly* ,1911 **The Optical Journal and Review of Optometry. ...** ,1923 **Babyhood** Leroy Milton Yale,1887 *Psychology and Personal Growth* Abe Arkoff,Sonja Jurick,1993 For thousands of years humans have communicated with one another and explored the meaning of life This book answers some long sought after questions This classic book is comprised of over six dozen articles drawings and photo essays selected to apply psychology to your development as a person These selections explore six themes identity human communication growth dynamics feelings and emotions human relationship and quality of life Readings have immediate relevance and application to everyday life and provoke thought and discussion More than half the readings to this edition are new **The Living Age** ,1921 **British Medical Journal** ,1930 Principles and Practice of Psychiatric Nursing Gail Wiscarz Stuart,Michele T. Laraia,2001 PRINCIPLES AND PRACTICE OF PSYCHIATRIC NURSING has long been one of the leading psychiatric nursing texts for undergraduate students This popularity is due to its comprehensive coverage of important nursing and medical concepts the widely used stress adaptation framework and a biopsychosocial approach that stresses the mental health continuum and strong current coverage of psychobiology and psychopharmacology reflecting the contemporary biological emphasis in psychiatry The seventh edition offers a new dynamic four color text The basic structure and award winning approach of the book will be retained in the revision accentuated by a new theoretic emphasis on

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