

WEEKLY ROUTINE CHECKLIST



Morning Routine

M T W T F

	M	T	W	T	F
Get Dressed					
Brush Teeth					
Wash Face					
Do Hair					
Make Bed					
Clean Up Room					
Eat Breakfast					



Bedtime Routine

M T W T F

	M	T	W	T	F
Put Away Toys and Games					
Pack Backpack					
Lay Out Clothes For Next Day					
Wash Face					
Brush Teeth					
Put On Pajamas					
Read or Prepare For Bedtime					

Weekly Ad Morning Routine Compare

Arturo Cuomo



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